

# Lancashire

# including Blackburn with Darwen and Blackpool

# Care Services Directory 2021

The essential guide to choosing and paying for care and support







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Specialist Dementia Care Providers



Abbeycroft was established over 25 years ago and has been under Regency Healthcare's management since 2004. We are registered to support 33 residents for personal/residential care.

Loveclough, Burnley Road, Rossendale, Lancashire BB4 8QL T: 01706 225 582 E: abbeycroft@regency.care





The Laurels was established over 30 years ago and has been under Regency Healthcare's management since 2004. We are registered to support 27 residents for nursing and personal/residential care.

Bankside Lane, Bacup, Lancashire OL13 8GT T: 01706 878 389 E: thelaurels@regency.care

All our homes provide a high standard of support and care for the elderly and people with dementia (including challenging behaviour), those who need palliative care, have physical or learning disabilities or increasing mental frailty.

Our dedicated, fully DBS checked care teams are headed by experienced registered managers. Our dedicated staff, including very proactive activity organisers, are responsible for organising the daily activities, tailored to the needs and abilities of our residents.

Our trained chefs prepare a wide range of home cooked food using fresh local produce. Meal choice is based on traditional recipes and daily alternatives are provided at every meal time. Special diets are also catered for.

#### Services we offer:

- Nursing and Personal/Residential care A Dementia care A Short & Long Stay care A Intermediate care
- \* Re-ablement care \* End of life/Palliative care \* Home Care & Support \* Cohort beds \* Day care

#### **Support & Facilities:**

- \* Personal Healthcare \* Laundry Service \* Disabled/Wheelchair access \* Lifts to all floors
- Specialist equipment available Scar Park

#### Health & Personal Care:

\* GP services available on request \* Chiropody \* Hairdresser \* Optician and Dentists by arrangement **Activities:** 

- \* Newspapers and Music \* Pop Quiz \* Shopping Trips \* Hairdressing \* Karaoke \* Bingo & Skittles
- Cheese & Wine tasting > Dominoes > Social Events

#### Accommodation:

Nurse Call in every room NRooms decorated to a high standard NEn-suite and double rooms available

> TV in rooms > Internet facility available

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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**.

**Alternative formats** This Directory is available electronically at **www.carechoices.co.uk**. The e-book is also Recite Me compatible for those requiring information in the spoken word.





# Search for care in your area

With so many providers to choose from, where do you start?



 Find care providers quickly and easily

Q

- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

# Introduction

Welcome to this edition of the independent Lancashire Care Services Directory, incorporating Blackburn with Darwen and Blackpool, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from their local council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining living at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could be of help to you.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 15. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 22 for those paying for care at home and 48 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 10 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 36) or residential care. Comprehensive lists of care homes and care homes with nursing in Lancashire start on page 55.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

#### **Council contacts**

#### Lancashire County Council

PO Box 78, County Hall, Fishergate, Preston PR1 8XJ Tel: **0300 123 6720** Email: **enquiries@lancashire.gov.uk** Web: **www.lancashire.gov.uk/health-andsocial-care/adult-social-care** 

#### Blackburn with Darwen Borough Council

King William Street, Town Hall BB1 7DY Tel: **01254 585585** (option three). Email: **clo@blackburn.gov.uk** Web: **www.blackburn.gov.uk/adult-social-care** 

#### **Blackpool Council**

Municipal Buildings, Corporation Street FY1 1NF Tel: **01253 477592** Email: **customer.first@blackpool.gov.uk** Web: **www.blackpool.gov.uk/Residents/Healthand-social-care/Health-and-social-care.aspx** 

For ease of use, throughout this Directory, services are described as coming from 'adult social care'.



# Lancashire Learning Disability Consortium



## LANCASHIRE LEARNING DISABILITY CONSORTIUM

The Lancashire Learning Disability Consortium (LLDC) welcomes and supports the publication of the Lancashire Care Services Directory, which aims to publish a free Directory of information to the citizens of Lancashire.

Formed in April 2001, the LLDC exists to bring together provider organisations and citizens with an interest in services for people with a learning disability in Lancashire. The LLDC's primary aim is to develop a collective, informed and knowledgeable voice. The LLDC shares information, experience and information for members' mutual benefit and acts as a focal point for representation and consultation to commissioners regarding member issues.

Across the years, the LLDC has actively participated in and been represented on many sub-boards and groups, currently including the Local Partnership Board and Provider Forums.

For more information on membership class and the purpose of the LLDC, please get in touch using the details below.

Sue Pemberton Chair

Lancashire Learning Disability Consortium Email: admin@lldc.org Web: www.lldc.org

# Helping you to stay independent

# Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services.

These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

#### Lancashire Care Navigation Service

The Care Navigation Service provides a free and impartial service to anyone in Lancashire over the age of 18 looking for safe personal care services that match their needs and requirements.

The Care Navigation Service helps people find the right care services even if they have decided not to have an assessment.

#### Tel: 0300 123 6720

Email: carenavigation@lancashire.gov.uk Web:

www.lancashire.gov.uk/health-and-socialcare/adult-social-care/care-navigation-service

#### Blackburn with Darwen

Your Support, Your Choice is an online portal answering any questions you may have relating

to care and support needs, services and available options if you live in the area.

The portal contains a wealth of information, from staying independent to being a carer, financial information and details of services. Your Support, Your Choice can even find information according to your specific needs.

Tel: **01254 587547** Web: **www.yoursupportyourchoice.org.uk** 

#### Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people, people with mental health conditions, learning disabilities and people diagnosed with dementia. Centres can be as important for carers as those attending, as the centres allow for a regular break from caring. You can find local day opportunities by exploring the following online resources:

**Blackburn with Darwen Your Support, Your Choice** Web: www.yoursupportyourchoice.org.uk

Blackpool FYI Directory Web: www.fyidirectory.co.uk

Lancashire Well-being Directory Web: www3.lancashire.gov.uk/ACS/findextorg/ wellbeingDir

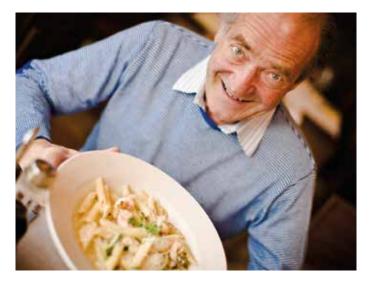
## Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

You may find a service by word of mouth or using the internet – your local library may be able to help here – or you can contact one of these services.

Care Network Tel: 01254 507255 Web: www.carenetwork.org.uk/wellbeing-at-home

ICare Meals Tel: 01942 820079 Web: www.icarecuisine.co.uk Wiltshire Farm Foods Tel: 01706 221759 Web: www.wiltshirefarmfoods.com



#### 7

#### Blackpool

The FYI Directory has information about free and low-cost services available across Blackpool with details of provision from Blackpool Council. The site offers information on how to find care providers, services, things to do, safe and secure traders, health and wellbeing, safeguarding adults and more.

Tel: 01253 476644 Web: www.fyidirectory.co.uk





Medequip work with Lancashire County Council and the NHS to provide assistive living equipment in your area. Medequip also provide a retail service for those who wish to purchase or rent equipment themselves.

# **Return Recycle Reuse**

## Help your Local Authority and NHS services help others by returning equipment

Contact Medequip now to request a collection

01772 286573 Call Email leyland@medequip-uk.com

Return Recycle Reuse Copyright © 2017 by West Suffolk NHS Foundation Trust - used with permission

If you would prefer to return equipment to Medequip yourself, you can bring it to our distribution centre:

Medequip Leyland Depot Unit G4 Leyland Business Park Centurion Way Leyland PR25 3GR

Opening hours: Monday to Friday from 8:00am to 6:00pm



**C**0800 910 1390

connectadmin@medequip-uk.com

# 24 Hour Monitored Service from as little as £2.99 per week

We will supply the equipment and monitor it 365 days per year, 24 hours per day. We will alert your next of kin, nominated contacts or emergency services to assist you in the event of an emergency.

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## To purchase daily living aids privately, visit our partner stores:

Manage



request a free catalogue

0800 910 1313

Manage At Home's range of products are designed to promote independence at home and manage daily living more easily. We stock a wide selection of over 3,000 mobility and disability aids to help you stay safe and FREE independent at home.



Call us or visit our website to @ManageAtHome

Help & Advice from 8am to 5pm Monday to Friday





Various locations across Lancashire, find your nearest at www.millercare.co.uk/branches

0800 652 8533 www.millercare.co.uk

## keeping people independent for longer

www.medequip-uk.com

# Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

#### Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central government. HIAs work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyperson service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and will normally offer to get estimates from one or more of their regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. HIAs can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit **www.housingcare.org** or contact your local council.

#### Blackpool – Care and Repair

Tel: **01253 477900** (select option four, then option two). Email: **care&repair@bch.co.uk** Web: **www.blackpool.gov.uk** (search 'care and repair'). Chorley, Preston, South Ribble and West Lancashire – Preston Care and Repair Tel: 01772 204096 Email: info@carerepair.org Web: www.carerepair.org

#### Fylde and Wyre – Care and Repair

Tel: **01253 887569** Email: **careandrepair@wyre.gov.uk** Web: **www.wyre.gov.uk/careandrepair** 

**Hyndburn – Hyndburn Homewise** Tel: **01254 232249** Web: **www.hyndburnbc.gov.uk** (search 'homewise').

## Lancaster – Lancaster Home Improvement Agency

Tel: 01524 582257 Email: hiaenquiries@lancaster.gov.uk Web: www.lancaster.gov.uk/housing/help-withhome-improvements

Pendle, Ribble Valley and Rossendale – Mosscare St Vincent's Tel: 0161 226 4211 Web: www.msvhousing.co.uk



# Making life easier at home

If you're having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.



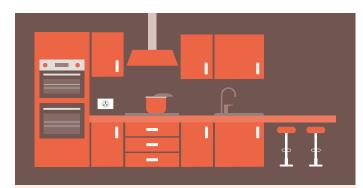
Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit **www.gov.uk/winter-fuel-payment** 

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available so that you can turn your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Try making a note of when you've taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also longhandled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Largehandled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

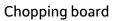
**Using taps** can be made easier by fitting tap turners. You could also consider changing to leverstyle taps which might be easier for you to use.



Handled plug



Chair raisers







Level indicator

Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at **www.carechoices.co.uk/staying-independent-at-home/** There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 19.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

#### If you are finding it harder to read in bed,

consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you struggle to get in and out of bed?

You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built-in support frame if it's **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

#### Adult social care

See page 5 for **Blackburn with Darwin Borough Council, Blackpool Council** and **Lancashire County Council** contact details.











Grab handles

Bed table

Hand rail

Hand trolley

Tap turners

# Help at the touch of a button 24/7 Staying connected in Covid times



Our range of discreet personal alarms and sensors are connected to our 24/7 alarm response centre. Helping you to remain at home and live independently.

Call today 03333 204 999





www.progresslifeline.org.uk



# **Specialist equipment**

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online guided advice service

## Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit.

Operators will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services for support.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured, safe in the knowledge that should an incident occur, they will know about it. Some devices can also help monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you're eligible through an assessment (see page 15), your local council may be able to provide it for you. called AskSARA, which can help anyone who finds that they have difficulties with everyday tasks.

Visit **https://asksara.dlf.org.uk** to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment that might help with your support needs, use the checklist on page 14 to make sure it's right for you.

#### Blackburn with Darwen Blackburn with Darwen Borough Council Adult

Social Care Tel: 01254 585585 (option three).

#### Blackpool Vitaline Tel: 01253 477678 Email: vitaline@blackpool.gov.uk Web: www.vitaline.org.uk

Nationwide Age UK Personal Alarms Tel: 0800 011 3846

#### **Progress Lifeline**

Tel: 0333 320 4999 Web: www.progresslifeline.org.uk

West Lancashire Home Care Link Tel: 0800 566 666 / 01695 585224 Email: telecare@westlancs.gov.uk



# Assistive technology checklist

We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit https://asksara.dlf.org.uk

You can download and print this checklist at www.carechoices.co.uk/checklists

## **Suitability**

Does the equipment support your specific needs?	Can the retailer p using the equipm
Are you willing to use it?	D. I. L. IV
Will it fit into your everyday life and routine?	Reliability
Have you tried a demo of the equipment?	Will it work if you people, e.g. could
Do you understand what the equipment is for?	alarm by accident
Do you need to take it with you when you leave the house? Is it transportable?	Have you read rev of equipment you
Does the equipment have any limitations that would make it unsuitable for you?	these before mak Can you speak to
Will it work alongside any assistive technology you already have?	Does it require ba they will need cha
Usability	equipment will re
Is a simpler piece of equipment available, e.g. a pill case rather than an automated pill	Is it durable? If you to break?
dispenser?	
Does the equipment need a plug socket, and	 Cost
will its wire cause a trip hazard?	Do you know how
Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you?	Will you need to p
	Are there alternat
Are you able to use it? Are there any aspects you don't understand?	be free?

Is it portable?

#### Notes

Will it need to be installed by a professional?

rovide you with training in ent?

have pets or live with other someone else set off a sensor ?

views of the particular piece are looking at? Consider ing your purchase.

someone who already uses it?

tteries? Find out how often anging and whether the mind you to do this.

u might drop it, is it likely

much it costs?

bay a monthly charge?

tive solutions that might

Is there a cost associated with servicing the equipment?

# Support from your local council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe several ways in which eligible adults can receive a mixture of local authority and government money to pay for the care services they need without direct council involvement. If you approach your local council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

## Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact your local adult social care department to arrange an assessment. See page 5.

Once your local adult social care department understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. Your local council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 22 if you are receiving home care and page 48 if you are moving into a care home.

# **Personal Budgets**

If you are eligible for support from your local council, you may be given a Personal Budget.

A Personal Budget is the amount of money that your local council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances. The money should be spent in line with a support plan that has been agreed by both you and your local council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not your local council.

If you are eligible, a Personal Budget may be taken:

• in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';

- by way of an account held and managed by your local council in line with your wishes; or
- as a mixture of the above.

Direct Payments can only be used to pay for the care and support agreed in your care and support plan.

#### **Managing a Direct Payment**

If you are eligible for a Direct Payment from your local adult social care department, you can contact Salvere to help you to manage this. Salvere can help you to organise, buy and manage the care and services you need, including building your own support plan and helping you to employ personal assistants.

Tel: **0300 303 3064** Email: **contactus@salvere.co.uk** Web: **www.salvere.co.uk** 

# Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, your local

# Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks. The actual length of the reablement depends on your needs and progression towards your goals.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you, it's about giving you the skills and confidence to do things for yourself. It can also mean that you do adult social care department will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

not start to depend on support that could cost you money. For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. Reablement workers may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or local adult social care department if you think you might benefit from reablement. These people can put you in touch with the right services if it is felt that reablement will help you.

## Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses. This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, your local council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

## **NHS Continuing Healthcare**

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home. People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 49 for more information.

# Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team. The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

# Services for carers

# Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for, and the help the carer gives doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;

## Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell their local council what they need as a carer, and to find out what support might be available.

The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

The assessment can also give lots of information about other services that might help, and other ideas for support. The carer's assessment will show if they qualify for support from adult social care.

#### **Carers' Personal Budgets**

The carers' Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When adult social care considers a carer's Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by a carers' assessment. The money is not taxed, and it will not affect any benefits.

# **Respite at home**

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the

# **Benefits**

Carers may want to explore whether they are entitled to Carer's Allowance – currently £67.25 per week but this may change over the lifetime of this Directory.

Carers may also qualify for Carer's Premium or Carer's Credit depending on their eligibility. The Government's website, **www.gov.uk** has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation which may be able to help undertake a benefit check.

You can find out more about what organisations support carers by exploring:

Blackburn with Darwen Your Support, Your Choice Web: www.yoursupportyourchoice.org.uk

Blackpool FYI Directory Web: www.fyidirectory.co.uk

Lancashire Well-being Directory Web: www3.lancashire.gov.uk/ACS/findextorg/ wellbeingDir

#### **Useful contacts**

#### Blackburn with Darwen Carers' Service

Bringing carers and the carers' service together as expert partners to ensure carers' needs, wishes and feelings are understood. Kingsway, Greenhurst Place BB2 1NA Tel: **01254 688440** 

Email: office@bwdcarers.org.uk Web: www.bwdcarers.org.uk person who is being cared for. If the person being cared for has a Personal Budget for their own needs (see page 15) they could use that money to pay for it.

A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

#### **Blackpool Carers Centre**

Provides courses, groups and clubs, counselling, general information and support, as well as a young carers' service. Beaverbrooks House, 147 Newton Drive FY3 8LZ Tel: **01253 393748** Email: **admin@blackpoolcarers.org** Web: **www.blackpoolcarers.org** 

#### Burnley, Pendle and Rossendale Council for Voluntary Service

Provides a wide range of support to young carers of someone with a mental health condition and/ or a substance misuse problem in Burnley, Pendle and Rossendale. Represents the interests of the voluntary, community and faith sector on numerous local, regional and national bodies. 62-64 Yorkshire Street BB11 3BT Tel: **01282 433740** • Email: **info@bprcvs.co.uk** 

#### **Carers Link Lancashire**

Provides a wide range of support including information, training, a listening ear and the opportunity to ensure that carers' voices and views are heard. 54-56 Blackburn Road, Accrington BB5 1LE Tel: **0345 688 7113** 

Email: info@carerslinklancashire.co.uk Web: www.carerslinklancashire.co.uk

#### **N-Compass**

Operates across Lancashire to make a positive difference and enhance life opportunities for adults and young people disadvantaged by disability, physical/mental illness, age or social exclusion. It offers carers' services. Tel: **0345 013 8208** 

Email: admin@n-compass.org.uk Web: www.ncompassnorthwest.co.uk

# Resource for those supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships.

#### Web: www.myfamilyourneeds.co.uk

my family our needs

www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

# Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

#### Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital, someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be. Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting your local adult social care department is a good first step towards finding help.

#### How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night.

A list of all home care agencies operating in Lancashire starts on page 25.

## Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email.

The results can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 52), indicating the quality of care that's provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**  → The Care Quality Commission (www.cqc.org.uk) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 52.

The United Kingdom Homecare Association (UKHCA) requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handymen or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too. The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

# Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, your local adult social care department and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

# Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition.

When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;

- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.



# **Dementia Friends**

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community.

Dementia Friends is giving people an understanding

of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia. See **www.dementiafriends.org.uk** for further information.

## **Respite care**

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break. Contact your local council to see if you are eligible for support with arranging these services. See page 15 for information on assessments of your care needs and finances.

# Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia

## Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities. Activities may include outings entertainment personal care meals

will respond best to the same care staff who know

either care agencies or carers employed directly by

them well. Continuity of care can be provided by

the person or his or her family.

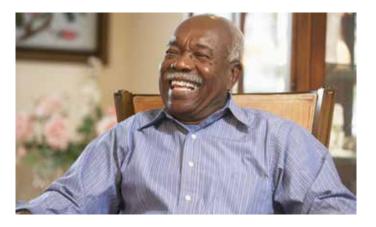
include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to several days. Contact your local council or your local Alzheimer's Society office for more details. See 'Useful local contacts' beginning on page 83.

# **Alzheimer's Society**

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 83.

Alzheimer's Society's Dementia Connect support line is available on **0333 150 3456** and can provide information, support, guidance and signposting to other appropriate organisations. The support line is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday. For more information on care homes for people with dementia, see page 45.



# Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell your local adult social care department when your savings are likely to fall below this amount. Councils calculate charges in accordance with national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness.

Your local adult social care department can help you to identify these costs. The department will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Figures mentioned here may change over the lifetime of this Directory.

# Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal

Independence Payments (PIP). AA and PIP are nonmeans-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. AA is payable to people over the age of 65 and PIP to those aged 16 to 64. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at **www.gov.uk** 

# Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. These advisers are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any recommended product.

**The Money Advice Service** A free and impartial money advice service set up by the Government. Tel: **0800 138 7777** Web: **www.moneyadviceservice.org.uk** 

#### The Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life. Web: **www.societyoflaterlifeadvisers.co.uk** 

Further information on paying for care can be found beginning on page 48.



# Home care agency checklist

#### © 2021 Care Choices Ltd

Agency 1	Fees per week	Quality rating*
Agongy 2	£	
Agency 2	£	
Agency 3	£	
5 7		

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at **www.carechoices.co.uk/checklists** 

#### About the agency

How long has the agency been operating?	
How long are staff allocated per visit?	
Can you contact the agency in an emergency or outside office hours?	
Does the agency have experience with your specific needs?	

## Staff

Are you likely to be visited by different	
staff each day?	

Are all staff checked with the	
Disclosure and Barring Service?	

Will you be notified in advance if your care worker is on holiday or sick?

Are staff matched to you specifically,
based on your needs and preferences?

Can you meet your care worker(s) before they start?

Does the agency have both male and female staff?

## Accommodating your needs

Can the agency accommodate your needs if they increase? Ask about the process for this.

Does the agency have a training scheme in place?

Are all staff trained to a certain level?

Are staff able to help with administering medication if required?

Is there a way for staff to communicate with each other about the support they provide when they visit you? How?

#### Regulation

Will your support plan be reviewed at regular intervals?

Can you see the agency's contract terms?

Can you lodge a complaint easily?

Are complaints dealt with quickly?

Can you see a copy of the agency's CQC registration certificate and quality rating?

	 _	

#### Notes


\*See page 52.

# Transitions Care

#### Care as individual as you are

We offer a wide range of support which allows people to live in their own homes, giving you and your family member peace of mind, we tailor our services to suit the individual.

Our reviews on www.Homecare.co.uk have placed us as the number one care provider in Lancashire with a certified top review score of 10 (*Dec 2019 & Dec 2020*).



If you would like more information please call us on **07939 171732** or visit **www.transitionscarefylde.co.uk** 



# Helping Hands Do you need a helping hand?

With care visits available from 30 minutes all the way up to full-time live-in care, we provide personalised home care packages to support you in Lancashire.

With over 30 years' experience, we'll support you with anything you need to live independently in the home you know and love, including:

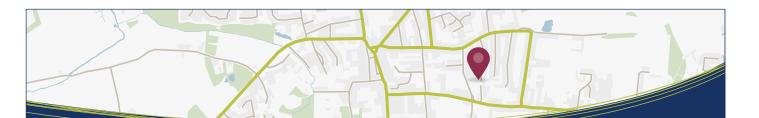
- ✓ Personal care ✓ Getting out and about
- ✓ Housekeeping ✓ Short-term care

#### Looking for care? 0808 274 2935

For more information www.helpinghands.co.uk



DAA Dementia Action Alliance



# Search for care in your area

Ο

www.carechoices.co.uk

CareChoices

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

# Home care providers

# Blackburn with Darwen home care providers

	Homecare (Mellor) Ltd	en Reablement Service and	Blackburn with Darwe
	Blackburn		Home First Service
<b>OP D PD LDA MH SI YA AD</b>	Tel: 01254 689981		Blackburn
	l Care GB Ltd	OP D PD LDA MH SI YA AD	Tel: 01254 588940
	Blackburn	ro)   td	Care 2 Care (Lancashi
<b>OP D PD LDA MH SI</b>	Tel: 01254 583624		Blackburn
	101.01234 303024	<b>OP D PD LDA MH SI AD</b>	Tel: 07751 710140
hire	ICare Solutions Lancas		101.01151110140
	Darwen		Care Station NW
OP D PD LDA MH	Tel: 0161 882 0404		Blackburn
	Kare Plus Burnley	<b>OP D PD LDA YA</b>	Tel: 01254 790993
	Blackburn		Choice Care
OP D YA	Tel: 01282 570777		Blackburn
	101.01202 510111	OP D PD LDA MH SI YA AD	Tel: 01254 504905
re la	Nightingales Home Ca		101.0123+30+303
	Darwen	2	<b>Companion Homecare</b>
<b>OP PD LDA</b> MH	Tel: 01254 771574		Blackburn
	Olive Tree	<b>OP D PD LDA MH YA</b>	Tel: 01254 674122
ч	Domiciliary Services Lt	ackhurn Services	Creative Support – Bla
	Blackburn		Blackburn
<b>OP LDA</b>	Tel: 01254 674295	LDA	Tel: 01254 583754
ety Ltd	Paramount Care & Safe		East Lancashire
	Blackburn		Home Care Ltd
OP D PD LDA MH SI YA AD	Tel: 01254 661738		Blackburn
ancs	Prestige Nursing East L	OP D PD LDA MH SI YA	Tel: 01254 471992
	Blackburn	iving Registered Office	Freedom Supported L
<b>OP D PD LDA MH SI YA AD</b>	Tel: 01254 841763		Darwen
	<b></b>	<b>OP PD LDA MH SI YA</b>	Tel: 01254 760121
	Ribble Homecare		
	Blackburn		Grantham Street
OP D PD YA	Tel: 01254 402070		Blackburn
g Loss	<b>RNID Action On Hearin</b>	PD LDA	Tel: 01254 668834
-	Apollo House	Blackburn)	Guardian Homecare (I
	Blackburn		Darwen
<b>OP PD LDA MH SI YA</b>	Tel: 0333 240 5659	OP D PD LDA MH YA AD	Tel: 01254 781020

# Blackburn with Darwen home care providers continued

<b>Select Support Partnerships Ltd – Blackburn</b> Blackburn		Supported Homes Ltd – 1 Emerald Close Blackburn	
Tel: 01254 676565	<b>OP PD LDA MH YA AD</b>	Tel: 01254 582611	OP MH YA AI
Blackpool home c	are providers		
1 Homecare Blackpool		Creative Support – Bla	ckpool Service
Blackpool Tel: 01253 428040	OP D PD SI YA	Blackpool Tel: 01253 751478	LDA MH
A&C Home Care Ltd		Delta Care Ltd – Black	pool
Blackpool Tel: 01253 376366	OP D PD LDA MH SI	Thornton-Cleveleys Tel: 01253 335896	OP D PD LDA MH SI YA AD
Ability 2 Achieve Care &	& Support Ltd	Embrace Home Care Lt	td
Blackpool Tel: 01253 477924	PD LDA MH SI YA	Blackpool Tel: 01253 543443	OP D YA
Adaptable Support Ltd		FY Care Ltd	
Blackpool Tel: 01253 978520	OP D PD LDA MH SI YA	Thornton-Cleveleys Tel: 01253 743740	<b>OP D LDA MH SI YA</b>
Alcedo Care Blackpool		Guardian Homecare (B	lackpool)
Blackpool Tel: 01253 978969	OP D PD LDA MH SI YA	Blackpool Tel: 01253 400636	OP D PD LDA MH SI YA AD
Baxter Life Care Ltd		Holidays with Care Ltd	I
Blackpool Tel: 01253 486686	<b>OP D PD LDA MH SI YA AD</b>	Blackpool Tel: 01253 341218	OP D PD LDA S
Blackpool North, Clevel Home Instead	eys and Fleetwood	<b>Human Support Group</b> Blackpool	– Blackpool
Blackpool		Tel: 01253 599693	OP D PD LDA MH S
Tel: 01253 200770	OP D PD LDA SI	l Care (GB) Ltd	
<b>Bluebell Court</b> Blackpool		Blackpool Tel: 01253 508277	OP D PD MH
Tel: 01253 691343	МН	Meridian Health and So	ocial Care
Care Solutions Fylde Lto	d	– Blackpool	
Blackpool Tel: 01253 427117	OP D PD MH SI YA	Blackpool Tel: 01253 592400	OP D PD MH SI YA

**Cherish UK Ltd** Blackpool Tel: 01253 766888 Napier Homecare Services LtdBlackpoolOP D PD LDA MH SITel: 01253 403047O

**OP D PD LDA MH SI YA** 

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

# Blackpool home care providers continued

<b>Phoenix Centre, The</b> Blackpool Tel: 01253 477841	OP D PD LDA MH YA AD	<b>SureCare (Fylde &amp; Wyre)</b> Blackpool Tel: 01253 966866	OP D PD LDA MH SI YA
<b>Preferred Care</b> Blackpool Tel: 01253 357727	OP D PD SI YA	<b>Transitions Care Fylde</b> Blackpool Tel: 07939 171732	Advert page 24 OP D PD LDA MH SI
<b>Premier Care Blackpool Br</b> Blackpool Tel: 01253 272172	anch OP D PD LDA MH	<b>United Response – Fylde C</b> Blackpool Tel: 01253 340569	oast Supported Living LDA MH
<b>Routes Healthcare DCA</b> Blackpool Tel: 01253 922128	OP D PD LDA MH	<b>Waves Supported Lives Ltd</b> Blackpool Tel: 01253 978550	H PD LDA SI YA
<b>Sagecare (Squires Gate)</b> Blackpool Tel: 01253 344368	<b>op d pd lda mh si ya</b>	See the checklist on page to ask when considering h	

# Lancashire home care providers

1 Homecare Preston Tel: 01772 30	01800	OP D PD LDA MH S	SI <mark>ya ad</mark>	Affinity Supporting Po (South) Ltd Accrington Tel: 01706 395000	eople OP D LDA MH SI YA
(GB) Ltd Lancaster Tel: 01524 38		OP	D PD YA	<b>Affinity Supporting Pe</b> Accrington Tel: 01254 369160	eople Ltd PD LDA MH <mark>SI</mark> YA
360 Degree Rehabilitation Nelson Tel: 01282 63	on Services		NH SI YA	<b>Age UK Lancashire</b> – Footcare Service Ormskirk Tel: 0300 303 1234	OP D PD YA
<b>A Family's B</b> Morecambe Tel: 07950 8		OP PD LI	DA SI YA	<b>Alcedo Care Lancaste</b> Lancaster Tel: 01253 978969	r and Wyre OP D PD LDA MH <mark>SI</mark> YA
<b>Adore Home</b> Nelson Tel: 07720 98		OP D PD N	1H SI YA	<b>Alcedo Care Preston</b> Preston Tel: 01772 958145	OP D PD LDA MH SI YA
<b>Advanced H</b> Preston Tel: 01772 36		td OP D PD LDA MH S	SI YA AD	<b>All About You Care Se</b> Poulton-le-Fylde Tel: 01253 899982	rvices Ltd OP D PD LDA MH SI YA AD
Service User Bands	<b>OP</b> Older pe <b>MH</b> Mental	1 1 1	npairment	PD Physical disabilityLDAYA Younger adultsAD P	Learning disability, autism eople who misuse alcohol or drugs

All Aspects H	lealth and S	ocial Care	Barnardo's Include Me	2
Preston	0701		Lostock Hall	
Tel: 01772 56	9701	<b>OP D PD LDA MH</b>	Tel: 01772 629470	PD LDA S
Alpha Comm	unity Care	Ltd	Bespoke Care Services	5
Burnley			Morecambe	
Tel: 01282 45	5205	<b>OP D PD LDA MH YA</b>	Tel: 01524 544815	OP D YA
Alston Lodge	e Communit	y Care Ltd	Big Blue Door	
Preston			Accrington	
Tel: 01772 78	3248	OP D PD MH SI YA AD	Tel: 01254 278378	PD LDA MH SI YA
Alternative <b>F</b>	utures Gro	up Ltd — East Lancashire	Bluebird Care (Lancast	ter and South Lakeland)
<b>Branch Offic</b>	е		Lancaster	
Burnley			Tel: 01524 388829	<b>OP D PD LDA MH S</b>
Tel: 07557 43	5362	<b>OP D PD LDA MH SI YA</b>		
			Bowgreave Rise Home	for Older People
Always Besp	oke Care Lt	d	Garstang	
Rossendale			Tel: 01995 603637	OP D
Tel: 07572 08	9695	OP D PD MH YA	Bowland Care Services	
Ambita Com	munity Son	vices Lancashire	Garstang	•
Lancaster	munity serv		Tel: 01995 604597	OP D PD LDA MH SI YA AD
Tel: 01524 54	1/16	<b>OP</b> PD LDA <b>SI</b> YA	161. 01995 004591	
101.01024.04	.1410		Briars Homecare Servi	ces Ltd
Angels Com	munity Supp	oort Services	Thornton-Cleveleys	
Lytham St Ar	nnes		Tel: 01253 851600	OP D PD LDA MH SI YA AD
Tel: 07966 98	39801	OP		
	•		Broadfield Care Servic	es Ltd
ARC Commu	•		Accrington	
Lytham St Ar			Tel: 01254 879784	OP D PD MH SI YA
Tel: 01253 78	3100	OP D PD LDA MH SI YA	Brockholes Brow – Pre	ston
Ashcroft Hor	necare I td		Preston	5001
Clitheroe			Tel: 01772 796461	S
Tel: 01200 42	2675	<b>OP D PD SI YA</b>	101.01112 190401	
	2010		Burnley Pendle and Ro	ssendale
Astra Care S	ervices Ltd		<b>Domiciliary Services</b>	
Nelson			Burnley	
Tel: 01282 69	97045	OP D PD LDA SI YA AD	Tel: 01282 470799	<b>OP LDA YA</b>
ATF Bespoke	Support Lt	d	Burrowbeck Communi	ty Services
Bacup			Lancaster	
Tel: 07903 23	31627	PD LDA	Tel: 01524 846308	OP D MH
Bare Hall Qu	ality Carers	Ltd	Carestaff Northwest	
Morecambe			Preston	
Tel: 01524 83	2744	OP D PD LDA MH SI AD	Tel: 01772 752100	<b>OP D PD LDA MH SI YA</b>
Service		ople (65+) D Dementia	PD Physical disability LDA L	earning disability autism
JEIVILE			YA Younger adults AD Pe	carning usability, autiSIII

28 Search for care at www.carechoices.co.uk to find support in your area

Carewatch (Lancashire West & Central)		Complete Care Services Chorley	
Preston Tel: 01772 766540	OP D PD LDA MH SI YA AD	Chorley Tel: 01772 965482	<b>OP D PD LDA MH SI AD</b>
Caritas Care Ltd – 21	18 Tulketh Road	<b>Complete Care Servic</b> Nelson	es Nelson
Preston Tel: 01772 732313	PD LDA SI YA	Tel: 01282 447710	<b>OP D PD LDA MH SI YA AD</b>
Castle Supported Li	ving Ltd	Complete Care Servic	es Preston
Clitheroe Tel: 01200 429990	PD LDA	Preston Tel: 01772 726082	OP D PD LDA MH SI YA AD
Central Lancashire A – Nail Cutting Servic	•	Complete Care Servic Rossendale	
Preston Tel: 01772 552850	OP	Tel: 01706 830411 Craven Home Care	OP D PD LDA MH SI
<b>Cera – Lancashire</b> Fleetwood		Earby Tel: 07976 320494	OP D PD LDA SI YA
Tel: 0333 999 7625	OP D MH	<b>Creative Support – Ch</b> Chorley	orley Service
<b>Chatterton Hey</b> Bury		Tel: 01257 272210	LDA MH
Tel: 01706 824554	OP PD LDA MH SI YA AD Private Residential Care Home	Creative Support – Ea Extra Care Services	st Lancashire
Rossendale		Preston Tel: 01772 798785	OP PD
Tel: 01706 221698	OP D	Creative Support – Mo	
Chorley Domiciliary Chorley	Service	Morecambe Tel: 01524 409905	LDA MH
Tel: 01257 517320	LDA	CRG Homecare – Burn	
<b>Clifton Homecare</b> Lytham St Annes		Burnley Tel: 01254 416135	OP D PD LDA MH SI YA AD
Tel: 01253 722945 Coastal Care Agency	OP D	Crossroads Care Nortl — Hyndburn, Chorley a	
Carnforth Tel: 01524 730637	OP	Accrington Tel: 01257 230698	OP D PD LDA MH SI AD
Community Care Te			
Leyland		Crossroads Care Ribbl Clitheroe	
Tel: 01772 433423	OP D PD MH SI YA	Tel: 01200 422104	OP D PD LDA MH SI YA AD
Community Life Choices Head Office		Crossroads in East Lar	ncashire
Preston Tel: 01772 804088	OP D PD LDA MH SI YA AD	Burnley Tel: 01282 832548	OP D PD LDA MH SI YA
	er people (65+) D Dementia ntal health SI Sensory impairment	PDPhysical disabilityLDAYAYounger adultsADPointPoint	Learning disability, autism eople who misuse alcohol or drugs

Curantis Healthcare Ltd		Farrell Healthcare Hea	ad Office
Burnley Tel: 01282 678170	OP D PD MH YA	Lytham St Annes Tel: 01253 279620	ОР
Curzon Care Ltd		Flexecare	
Morecambe		Preston	
Tel: 01524 850652	LDA	Tel: 01772 369045	OP D PD MH SI YA
Dalesview Partnership		Freedom Care and Sup	oport Ltd
<b>Domiciliary Care</b> Chorley		Burnley Tel: 07534 970317	<b>OP PD LDA MH SI YA</b>
Tel: 01772 332602	LDA YA		
Delight Supported Livin	. 1 4 4	Future Success Adult S Colne	Supported Living Ltd
Delight Supported Living Morecambe	g Lta	Tel: 01282 865108	<b>OP PD LDA MH YA AD</b>
Tel: 01524 413308	<b>OP D PD LDA MH SI</b>		
Dalta Cara Ltd. Charley		Fylde Community Care	e Ltd
Delta Care Ltd – Chorley Chorley		Lytham St Annes Tel: 01253 738911	<b>OP D PD MH SI YA</b>
Tel: 01257 221050	<b>OP D PD LDA MH SI YA AD</b>		
		Fylde Domiciliary Serv	vice
Direct Approach Care Lt Leyland	d	Preston Tel: 01772 535119	LDA
Tel: 07563 766717	MH YA	Tel: 01112 555119	LUA
		G S Social Care Solution	ons Ltd
Direct Health (Preston)		Blackburn	
Preston Tel: 01772 883822	OP D PD LDA MH SI YA AD	Tel: 01254 877755	<b>OP D PD LDA MH SI YA AD</b>
101.01112.003022		Gill Care Services	
Draycombe House		Burnley	
Morecambe Tel: 01524 858316	LDA	Tel: 01282 787800	OP D PD
Tet: 01324 838310	LUA	Ginger Homecare Ltd	
East Lancs Dom Care		Leyland	
Nelson		Tel: 01772 463097	<b>OP D PD LDA MH SI YA</b>
Tel: 07792 118495	OP LDA MH YA AD	Guardian Homecare (E	Burnley)
Eldercare UK Ltd		Colne	
Rossendale		Tel: 01282 861640	<b>OP D PD LDA MH SI YA</b>
Tel: 0345 266 1420	<b>OP D PD LDA YA</b>	Guardian Homecare	
Elizabeth House		(Morecambe)	
Preston		Morecambe	
Tel: 01772 333800	<b>OP D PD LDA MH YA</b>	Tel: 01524 402340	OP D PD LDA MH SI YA AD
Esteemed Life Care (Pre	ston)	Guardian Homecare (C	Drmskirk)
Preston		Ormskirk	
Tel: 01772 282722	OP D PD LDA MH SI YA AD	Tel: 01695 589173	<b>OP D PD LDA MH YA</b>
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Service OP Older peo User Bands MH Mental h	ealth <b>S</b> Sensory impairment	PD Physical disability LDA I YA Younger adults AD Pe	Learning disability, autism eople who misuse alcohol or drugs

30 Search for care at www.carechoices.co.uk to find support in your area

Holywell Domiciliary Care Services Preston	
3 OP D PD LDA MH SI YA	
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ervices	
7 OP D PD SI	
enior Care	
6 <b>OP D LDA MH YA</b>	
enior Care	
1 OP D PD LDA MH SI YA AD	
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OP D PD LDA MH SI YA	
4 <b>OP D PD SI YA</b>	
ou Ltd Lancashire	
4 OP D PD LDA MH SI YA AD	
ou Preston	
4 <b>OP D PD LDA MH</b>	
ces	
9 <b>OP D YA</b>	
bble Valley Domiciliary Service	
S	
O OP D PD LDA MH SI YA	
3 OP D PD LDA SI YA AD	
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Icare Solutions Burnle Burnley	ey Ltd	Lady Elsie Finney House Older People	Home for
Tel: 01282 457781	OP D PD LDA MH SI YA	Preston Tel: 01772 721072	OP D
Icare Solutions NW Lt	d		
Nelson Tel: 01282 449506	OP D PD LDA MH SI YA	Lancashire Domiciliary C	Care Service
1el: 01282 449506	OF D FD LDA MIN SI TA	Chorley Tel: 01257 266311	LDA
Imagine Independend	e		
Lancaster Tel: 0151 709 2366	<b>OP D PD LDA MH SI YA AD</b>	Lancaster & Morecambe	e Domiciliary Service
		Tel: 01524 585989	<b>OP D PD LDA SI YA</b>
Independent Living			
(Chorley, Leyland, Pa Chorley	rbold & Standish)	<b>Leah Victoria Cares</b> Preston	
Tel: 01257 367404	ОР	Tel: 07912 698190	<b>OP PD YA</b>
J J Home Care Ltd		Life-Line Care 4 U Noor	Contro
Preston		Nelson	Centre
Tel: 07918 775643	<b>OP D PD MH SI YA</b>	Tel: 01282 270269	OP D PD LDA MH SI AD
Jewel Home Support	(Lancs)	Lifeways Community Ca	re (Lancashire South)
Preston	()	Chorley	
Tel: 01772 347950	OP D PD	Tel: 01257 246400	<b>OP PD LDA SI YA</b>
JW Homecare		Lifeways Paragon Ltd	
Skelmersdale		Chorley	
Tel: 07814 516202	LDA MH	Tel: 01257 246400	PD LDA MH SI
Kare Plus Preston		Limitless Community Hu	ıb
Preston		Accrington	
Tel: 01772 367656	OP D PD YA	Tel: 01254 914011	LDA YA
Kepplegate House		Link-Ability	
Poulton-le-Fylde		Chorley	
Tel: 01253 811957	ОР	Tel: 01257 241899	<b>OP PD LDA SI YA</b>
Key2Support		Link-Ability (West Lancs	3)
Oswaldtwistle		Ormskirk	
Tel: 01254 231172	<b>OP PD LDA</b> MH	Tel: 01695 666639	PD LDA
KTG Recruitment Ltd	T/A KTG Social Care	Living Ambitions Ltd – C	horley
Preston		Chorley	
Tel: 01772 558529	OP D PD SI YA	Tel: 01257 246444	OP LDA YA
L&P Care Services		Local Care Agency, The	
Chorley		Fleetwood	
Tel: 01257 228789	<b>OP D PD MH SI YA</b>	Tel: 01253 874056	<b>OP D LDA YA</b>
Service <b>OP</b> Older	people (65+) D Dementia	PD Physical disability LDA Lea	arning disability, autism
User Bands MH Ment			ble who misuse alcohol or drugs
L			

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Majestic Care North We	ct   td	One Evide (Headroom	asto)
Burnley		<b>One Fylde (Headroomgate)</b> Lytham St Annes	
Tel: 01282 450043	OP D PD LDA MH SI YA AD	Tel: 01253 723513	<b>OP D PD LDA MH SI YA</b>
MasterStaff Healthcare	(Preston)	Origin Spinal Injury Ca	ire
Preston Tel: 01772 720040	OP D PD LDA MH SI YA AD	Lancaster Tel: 01524 34100	<b>OP PD SI YA</b>
Meridian Health and Soc	cial Care – Burnley	Park View	
Burnley Tel: 01282 433135	OP D PD LDA MH SI YA	Fleetwood Tel: 01253 872162	<b>OP LDA MH YA AD</b>
Meridian Health and Soc	cial Care – Preston	Parkhouses Independe	ent Living Services
Preston Tel: 01772 252444	OP D PD LDA MH <mark>si</mark> ya	Burnley Tel: 01282 424648	OP D PD LDA MH SI YA
Millgate House		PCS (Personal Care Se	rvices) Ltd
Rochdale Tel: 01706 515800	<b>OP PD LDA YA</b>	Skelmersdale Tel: 01695 553930	OP D PD LDA MH SI YA AD
Mrs Lavinia Dawn Bellis	& Mr Andrew William	Pebble Healthcare	
Bellis – 1 Arkwright Suit	e	Carnforth	
Chorley Tel: 01257 795778	LDA	Tel: 07825 128033	<b>OP D PD LDA MH SI YA</b>
		Pendle Support Ltd	
My Choice Companions		Colne	
Burnley Tel: 07404 839907	<b>OP D PD LDA MH YA</b>	Tel: 01282 504504	OP D PD LDA MH SI AD
161. 01404 055501		Pennine Homecare	
My Support Worker (NW	/) Ltd	Burnley	
Rossendale		Tel: 01282 792442	<b>OP D PD LDA MH YA AD</b>
Tel: 01706 249595	D PD LDA MH SI YA AD	Potensial Ltd	
NAS Community Service	es (North 2)	– Northwest Domicilia	ary Agency
Blackburn		Ormskirk	
Tel: 01254 823668	LDA YA	Tel: 01695 573059	LDA MH
New Care Services & Co	ornerstone	Premier Care Lancaste	er Branch
Preston		Lancaster	
Tel: 01772 559933	OP D PD LDA MH SI YA	Tel: 01524 928038	<b>OP D PD LDA MH</b>
One Care		Prestige Nursing Black	rpool
Lytham St Annes	OP D PD SI YA	Thornton-Cleveleys Tel: 01253 297834	OP D PD LDA MH SI YA AD
Tel: 01253 732303	OP D PD SI TA	let: 01253 297834	OP D PD LDA MIT SI TA AD
One Fylde (Church Road)		Preston Domiciliary So	ervice
Lytham St Annes		Preston	
Tel: 01253 795648	<b>OP D PD LDA MH SI YA</b>	Tel: 01772 535945	PD LDA MH SI
Service <b>OP</b> Older per	ople (65+) D Dementia	PD Physical disability LDA	earning disability autism
User Bands MH Mental h			eople who misuse alcohol or drugs
		-	5

<b>Pride Community Care L</b> Burnley Tel: 01282 448181	td OP LDA MH YA AD	<b>Routes Healthcare Bur</b> Burnley Tel: 01282 922515	nley OP D LDA MH YA AD
<b>Primary Carers 24/7 Ltd</b> Preston Tel: 01772 386993	OP D PD LDA MH SI YA	<b>Routes Healthcare Pre</b> Preston Tel: 01772 876150	ston OP D PD LDA MH YA AD
<b>Primrose Gardens</b> Chorley Tel: 0151 420 3637	<b>op d pd lda mh ya ad</b>	<b>Rushley House Retiren</b> Morecambe Tel: 01524 417405	nent Home OP
<b>ProLibertas Care Solutio</b> Nelson Tel: 07958 113331	OP D PD LDA MH SI YA	<b>Scenario Management</b> Thornton-Cleveleys Tel: 01253 869317	– Riversmede LDA YA
<b>Promedica24 (Lancashir</b> Rossendale Tel: 07468 566162	re) Ltd <mark>OP D PD SI YA</mark>	<b>Senior Moments Care</b> Lytham St Annes Tel: 01253 724191	OP D PD LDA SI
<b>Quality Care (North Wes</b> Nelson Tel: 01282 696300	st) Ltd OP D PD SI	<b>Shared Approach Ltd</b> Garstang Tel: 01995 601701	D PD LDA MH
<b>Red Rose Care</b> Preston Tel: 01772 963740	OP D PD LDA	<b>Society 1</b> Preston Tel: 07827 675680	OP PD LDA MH SI YA
<b>Right at Home</b> (East Lancashire & Ribbl Blackburn Tel: 01254 658899	e Valley) OP PD LDA SI YA	<b>South Ribble Domicilia</b> Leyland Tel: 01772 539268	ry Service OP D PD SI YA
<b>Right at Home (Preston</b> Preston Tel: 01772 619106	and South Ribble) OP D PD LDA SI YA	<b>Specialist Care Team</b> <b>Domiciliary Office</b> Morecambe Tel: 01524 401200	PD LDA MH SI YA
<b>Right Care (Lancashire)</b> Burnley Tel: 01282 424240	Ltd OP D PD LDA MH SI YA AD	<b>Spire (Preston) Ltd</b> Preston Tel: 01772 524567	LDA
<b>Rings Homecare Service</b> Burnley Tel: 07811 467967	Ltd – Lancashire D PD LDA MH SI AD	<b>Spring Cottages Home</b> Padiham Tel: 01282 774522	Care Ltd OP D PD
<b>RNID Action on Hearing</b> Cleveleys Tel: 01253 869292	Loss Thornton Gate LDA MH <mark>SI</mark> YA	<b>St Gregory's Homecare</b> Carnforth Tel: 01524 720189	e Ltd OP D PD LDA MH SI YA AD
Service OP Older per User Bands MH Mental h	ople (65+) D Dementia lealth SI Sensory impairment	PD Physical disability LDA L YA Younger adults AD Pe	earning disability, autism ople who misuse alcohol or drugs

<b>Stocks Hall Mawdesley</b> Ormskirk		Westmorland Homecare – Poulton, Fylde and Wyre Office	9
Tel: 01704 778178	OP PD YA	Poulton-le-Fylde Tel: 01253 978891 0	P PD LDA MH SI YA
<b>Stocks Home Care Serv</b> Skelmersdale Tel: 01695 722211	vices OP D PD SI YA	Willowbrook Homecare Accrington	
Sunnyside Rest Home		Tel: 01254 390347 <b>OP</b> Lytham St Annes	D PD LDA MH SI YA
Rochdale Tel: 01706 344292	<b>op d pd lda</b> MH ya	Tel: 01253 733427	OP D PD MH SI
SureCare (Preston & So	outh Ribble)	<b>Willows Home Care Ltd</b> Preston	
Preston Tel: 01257 220319	OP D PD LDA MH SI YA	Tel: 07835 403028	<b>OP D PD SI YA</b>
<b>Taylor Care HQ</b> Burnley Tel: 01282 715189	<b>op d pd lda mh si ya</b>	With HealthcarePrestonTel: 01772 393936	<mark>d Pd lda mh si ya</mark>
<b>Tender Nursing Care</b> Preston Tel: 01772 335136	OP PD	<b>Woodlands Home for Older Peop</b> Accrington Tel: 01254 394732	ole OP D
<b>Townfield Home Care</b> Blackburn Tel: 01254 882050	OP D PD LDA MH SI YA AD	<b>Wyre Domiciliary Service</b> Fleetwood Tel: 01253 897285	LDA
Townfield Home Care (Rossendale) Rossendale		<b>Your Autumn Years Ltd</b> Morecambe Tel: 01524 416546	OP YA
Tel: 01706 231375	OP D PD LDA MH SI YA AD	Your Life (Poulton-Le-Fylde)	
<b>Unique Homecare Serv</b> Lancaster	ices Ltd	Poulton-le-Fylde Tel: 01253 886394	OP D PD SI
Tel: 01524 751751 Voyage (DCA) Lancashi	OP D MH	<b>YourLife (Lancaster)</b> Lancaster Tel: 01524 60142	OP D PD SI
Preston Tel: 07701 022948	LDA YA		
Watch Home Care Serv Chorley Tel: 01257 263326	OP PD LDA MH SI		
West Lanc's Domiciliary Service Skelmersdale			
Tel: 01695 587433	LDA		
Service <b>OP</b> Older pe	eople (65+) Dementia	PD Physical disability LDA Learning disa	bility. autism

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

# Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority, voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase.

# **Supported Living**

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters

of self-contained flats on the same site, shared accommodation, and extra care housing. The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed earlier on page 13).

# **Shared Lives**

Shared Lives is a service for adults with learning or physical disabilities and for older people. It is familybased care provided by individuals and families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

# **Sheltered housing**

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service. A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

# Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities.

In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day. Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation.

For information on any of the housing options in this section, contact your local adult social care department. Details are on page 5.

# Specialist services

# Learning disability

If you are living with a learning disability in the Lancashire area, you should contact your local council for support. Your local council might be able to signpost you to local services and assess your needs in case help is available to you.

Councils aim to keep people living independently in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme. See page 36.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in the area. Any learning disability providers are denoted with LDA.

You may also find the organisations listed here useful.

#### Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included. Tel: **0808 808 1111** Email: **helpline@mencap.org.uk** Web: **www.mencap.org.uk** 

#### Scope

Offers free, impartial and expert information, advice and support to disabled people and their families. Tel: **0808 800 3333** 

Email: helpline@scope.org.uk Web: www.scope.org.uk

# **Mental health**

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there's help and advice available across Lancashire to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the organisations listed here for free help and support.

#### Lancashire MIND

Provides advice and support to empower anyone experiencing a mental health issue. Also campaigns to improve services, raise awareness and promote understanding. • Tel: **01257 231660** Email: **admin@lancashiremind.org.uk** Web: **www.lancashiremind.org.uk** 

#### Making Space Carer Support service

Offers people with mental health conditions emotional support and a range of practical advice, information and signposting.

Tel: 01925 571680

Email: enquiries@makingspace.co.uk Web: www.makingspace.co.uk

#### Wellbeing and Mental Health Helpline

Out-of-hours listening service for people requiring emotional support in relation to their own mental health or that of someone they know. Monday to Friday, 7.00pm until 11.00pm; Saturday and Sunday, 12.00pm until midnight. Tel: **0800 915 4640** Web: www.lancashirecare.nhs.uk/Mental-Health-Helpline

# **Physical disability**

If you have a physical disability or a long-term illness, your local adult social care department and other organisations in the independent and notfor-profit sectors may be able to signpost you to, or provide you with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.

# **Sensory services**

The rehabilitation service from Lancashire County Council offers guidance to help people with sensory impairments to do more things for themselves and have a better quality of life.

Support may include help with:

- daily living;
- communicating with others; and
- getting around your home and community safely.

The service does not offer medical advice or treatment, hearing aids or glasses.

The rehabilitation service works with anyone with a visual impairment and people with multiple disabilities. Information and advice can be given about mobility, communication, independent living skills, assessment and specialist equipment and adaptations.

For more information about the rehabilitation service, call **0300 123 6720** in Lancashire or contact your local adult social care department.

See page 5 for details. From here, you can be advised on any sensory services in your area.

# Advocacy

Advocates can give advice, support and information to people of any age. Advocates help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions.

Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

#### **Advocacy Focus**

Free and confidential support to involve you more in decisions about your health and social care.

Advocacy Focus can help you know your rights and access vital services.

Advocacy Focus is on your side and is independent of local authorities, the NHS and social services. 1st Floor, The Old Tannery, Eastgate, Accrington BB5 6PW Tel: **0300 323 0965** Text: **07886 744634** Email: **admin@advocacyfocus.org.uk** Web: **www.advocacyfocus.org.uk** 

#### **Blackpool Advocacy Hub**

Supporting people to put across their points of view. 333 Bispham Road FY2 OHH Tel: **0300 323 2100** Email: **info@blackpooladvocacyhub.org.uk** Web: **www.blackpooladvocacyhub.org.uk** 

#### **N-Compass North West Limited**

Offers a comprehensive advocacy service to support adults within social care and health systems and processes. Also helps all patients (including children) complain about NHS-funded treatment within the Lancashire County Council area, linking in with Healthwatch Lancashire (see page 84).

Tel: 0345 013 8208 Email: admin@n-compass.org.uk Web: www.ncompassnorthwest.co.uk



# Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

Search online for the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is also important to know that all health and social care staff must be trained in communication regarding end of life care and will be trained in assessing the needs of individuals and carers. It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

#### Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. Your family may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Things to consider are included in 'My Funeral Wishes', a form produced by Dying Matters and the National Association of Funeral Directors. Visit **www.dyingmatters.org/ page/my-funeral-wishes** 

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or The National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 86 for details of organisations that may be able to help you plan for the end of your life or your funeral.

# Tell us what you think

CareChoices

• What have you found useful?• What could we do better?

Share your feedback – take our five minute survey www.carechoices.co.uk/reader-survey Community Integrated Care



**EachStep Blackburn** is a warm, friendly and welcoming specialist dementia care home that offers residential and nursing care.

> At EachStep Blackburn we encourage residents to lead a full, happy and active life. With a number of themed areas within the home, including a cinema room and vintage café, there is always something going on. So, if you are looking for a care home for yourself or a loved one why not give us a call.

To find out more about EachStep Blackburn or to arrange a tour please contact us.

C 01254 266480 | Eachstep.Blackburn@c-i-c.co.uk www.eachstepcare.co.uk/homes/eachstep-blackburn

Infirmary Road | Blackburn | BB2 3LP

# Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care

agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (**www.cqc.org.uk**).

# Types of care home

#### Care homes (personal care only)

If you need someone to look after you 24 hours a day, but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 15 for more on assessments.

#### Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £183.92 per week. This figure may change over the lifetime of this Directory, so do check with your local adult social care department.

For help with finding care homes and care homes with nursing in your area, visit **www.carechoices.co.uk** 

# Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. Activities can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. Activities should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish. Lots of care homes now employ a dedicated activity co-ordinator. The role of an activity co-ordinator varies from one home to another. Increasingly, activity co-ordinators are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities provided in their care home.

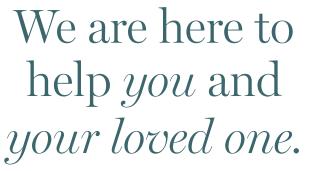














Your local Barchester care homes are welcoming new residents and provide the reassurance that residents' well-being and safety are their priority.

- Personalised residential, nursing, dementia and respite care.
- All staff are well-trained in infection control and dementia care.
  - We're keeping relatives connected with their loved ones.
- Wide choice of nutritious and delicious menus, prepared by talented chefs.
- Daily life-enriching activities, to celebrate life and keep the fun in everything we do.
  - Barchester is one of the UK's leading care providers with 25 years' experience and award-winning health and safety record.

#### Call to book an appointment to find out how we can help.

**Dovedale Court** Preston, PR2 3WQ 01772 507 106

Glenroyd Blackpool, FY3 9HF 01253 464 232

Sherwood Court Preston, PR2 9GA 01772 394 121

Sherwood Lodge Preston, PR2 9GA 01772 394 122

Laurel Bank Lancaster, LA1 5EF 01524 487 354

**Sutton Grange** Southport, PR9 8BL 01704 741 198



Barchester Healthcare is proud to be the only care provider to win the RoSPA Health and Safety Award in both 2019 and 2020.

# Care homes checklist

#### © 2021 Care Choices Ltd

Home 1	Fees per week	Quality rating*
Heme 2	£	
Home 2	£	
Home 3	£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at **www.carechoices.co.uk/checklists** 

#### Staff

What is the minimum number of	
staff that are available at any time?	
Are staff respectful, friendly and polite?	
Do staff have formal training?	
Are the staff engaging with residents?	

### Activities

Can you get involved in activities you enjoy?		
Is there an activities co-ordinator?		
Does the home organise any outings?		
Are residents escorted to appointments?		
Do the residents seem entertained?		
Does the home have a varied activities schedule?		

### Life in the home

Is the home adapted to suit your needs?

Can you bring your own furniture?

Are there enough plug sockets in the rooms?

Are there restrictions on going out?

Is there public transport nearby?

Does the home provide any transport?

Can you make/receive calls privately?

Can you decide when to get up and go to bed?

Does the home allow pets?

Does the home use Digital Care Planning accessible to families?

#### Personal preferences

Is the home too hot/cold? Can you control the heating in your room?

Is the décor to your taste?

Are there restricted visiting hours?

Is there somewhere you can go to be alone?

Does the home feel welcoming?

#### Catering

Can the home cater for any dietary requirements you may have?

Does the menu change regularly?

Can you eat when you like, even at night?

Can you have food in your room?

Is there a choice of food at mealtimes?

Is alcohol available/allowed if you want it?

Can visitors join you for meals?

#### Fees

Do your fees cover all of the services and activities?

Are fees likely to change regularly?

Is the notice period for cancellation of the contract reasonable?

Could you have a trial period?

Can you keep your room if you go into hospital?

Can you handle your own money?

\*See page 52.





THE BEST OF BOTH WORLDS, WHERE **CARE** AND **CARING** COME TOGETHER

The Towerview Care Group provide safe, welcoming, and happy homes for people living with complex care needs, including dementia, behaviours that may be challenging, mental and physical health issues across Lancashire and Yorkshire.

Our nursing care homes in Todmorden, Sheffield and Littleborough are more than just places to live. They are flourishing, friendly communities focusing on what individuals can do, rather than what they can't. We do not define you or your loved one by situation or age – we are all part of the Towerview Care family. We treat everyone we support as an individual and with dignity, respect and empathy. People are not separated based on their medical conditions. Everyone is encouraged to play an active role in the daily life of their home.

We are committed to providing the highest quality of care and service. We achieve this through ensuring that our caring and knowledgeable multidisciplinary care teams are trained to the highest standard and receive the care and support they need to fulfil our shared aims.

Security and peace of mind are vital when choosing a home for yourself or a loved one. With Towerview Care, you can be assured that there is a robust and sound business behind the superb provision of complex needs care.

### OUR HOMES

#### **ASQUITH HALL**

Residential nursing care home, in Todmorden. We care for older and working-aged adults living with complex care needs, including dementia, mental health, neurological disorders, behaviours that challenge and physical/sensory disabilities.

For more information, please contact registered manager Gemma Foster or matron Mairead Khan on 01706 811 900 or asquith-hall@towerviewcare.com

#### LOXLEY COURT

Residential nursing care home, in Sheffield. We care for older and working-aged adults living with complex care needs, including dementia, mental health, neurological disorders, behaviours that challenge and physical/sensory disabilities.

For more information, please contact the registered manager Sharon Radford on **0114 242 0068** or **Loxley-court@towerviewcare.com** 

#### PENNINE LODGE

Dementia-friendly residential care home, in Todmorden. We are for working age and older adults with dementia, mental health disorders or complex needs.

For more information or to arrange a visit, please contact registered manager Louise McKeown on 01706 812 501 or pennine-lodge@towerviewcare.com

#### **SMITHY BRIDGE COURT**

Residential nursing care home, in Littleborough. We care for older and working-aged adults living with complex care needs, including dementia, mental health, neurological disorders, behaviours that challenge and physical/sensory disabilities.

For more information, please contact the registered manager Liz McCabe on **01706 582 407** or **smithy-bridge-court@towerviewcare.com** 





# Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people living with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person living with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

The person living with dementia must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 51 and 39 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff get to know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them. Within the home, much is down to the attitude and skills of the manager and the staff. Does the home provide an environment that enables a person living with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 47.

#### **Design and technology**

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.

Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation.

#### **Staff training**

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask to speak with the Dementia Champion and question the placement if the home does not have a specific Dementia Lead.



# Putting care at the heart of your decision

# **MHA** care homes in Lancashire

Choosing the right care home for a loved one is an important decision. As a national charity with over 75 years' experience in delivering quality care, MHA have the knowledge and expertise to guide you through the entire process.

# Our homes offer tailored care in a warm, supportive and friendly environment:

- Personalised care plans, developed with residents and their family
- Music therapy for our residents living with dementia

• Permanent and respite care

• A chaplain and weekly activities programme

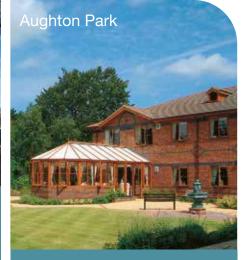


Lytham St Annes: Starr Hills www.mha.org.uk/starrhills Tel: 01253 735 037



Burnley and Colne: Belvedere Manor Colne www.mha.org.uk/belvederemanor Tel: 01282 865 581

Heather Grange Burnley www.mha.org.uk/heathergrange Tel: 01282 415 908



**Ormskirk:** Aughton Park www.mha.org.uk/aughtonpark Tel: 01695 576 996

# Find out more at www.mha.org.uk/care-homes





# Residential dementia care checklist

#### © 2021 Care Choices Ltd

Home 1	Fees per week	Quality rating*
Home 2	£	
	£	
Home 3	£	
	·	

We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 43. You can download and print this checklist at **www.carechoices.co.uk/checklists** 

#### Design

Are there clear signs throughout the home?

Has the home been designed or adapted for people with dementia?

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ممطم		de e e e ure	

Are the home and grounds secure?

Are there prompts outside the

residents' rooms to help people identify their own?

Is the décor familiar to your loved one?

### Choices

Do residents get a choice in terms of	
what they wear each day?	

Are residents encouraged to be independent?

Can residents decide what to do each day?

-		

Can residents have a say in the décor of their room?

### Activities

Are residents able to join in with household tasks like folding washing?

Are there activities	on each day?
----------------------	--------------

Can residents walk around outside on their own?

Are residents sitting in front of the TV or are they active and engaged?

Are there rummage boxes around?

\*See page 52.

#### Health

Can residents get help with eating and drinking?

How often does the home review	
residents' medication?	

Does the home offer help if a resident needs assistance taking medication?

Do GPs visit the home regularly?

#### Staff

Are staff trained to identify when a resident might be unwell?

Are staff trained to spot when someone needs to go to the toilet?

Do the staff have any dementia-specific training/experience?

Will your loved one have a member of staff specifically responsible for their care?

### Approach to care

Does the home follow a specific approach to dementia therapy, for example, validation therapy?

Will the home keep you informed about changes to your loved one's care?

Does the home have a specific approach to end of life care?

Does the home keep up to date with best practice in dementia care?

# Paying for care

When a local authority provides or arranges your care services, you may be asked to contribute

towards the cost of care at home or in a care home, depending on your personal circumstances.

### **Financial assessment**

To determine whether or not you will need to contribute towards the cost of your support, your local council will conduct a financial assessment. This will look at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home. If you choose not to have a financial assessment, you will pay the full cost of your care and support.

If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings between £14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by your local council and you may be able to get some support with funding your care. See page 49.

These figures may change during the lifetime of this Directory.

If you are eligible for support from your local council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount your local council would usually pay for someone with your needs.

If the home you choose charges a fee in excess of the local authority's funding limit, you will need to find someone else to meet the additional amount.

This is often referred to as a 'third party payment' or 'top-up' (explained further on page 49).

# **Running out of money**

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let your local council know well in advance. It must undertake an assessment of your circumstances before deciding if it will make a contribution.

If you become eligible for your local council's support with funding your care, and the home you are living in charges more than your local council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment'. See page 49 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level. Understanding your rights before moving into care is essential. There are several financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 50 for more information.



# Non-means-tested support

Some support may be available to you without your local council needing to look into your finances.

#### Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits; however, they will not be paid if you are, or become, a permanent resident in a care home.

If you are entitled to the mobility component of Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment.

You may also want to consider applying for Universal Credit (if you are under pension age) or Pension Credit (if you are over pension age).

#### **NHS Continuing Healthcare**

NHS Continuing Healthcare is fully funded care and support, provided and paid for by the NHS. To be eligible, your needs must be primarily health-related and are likely to be severe. If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

# Self-funding your care

Paying for care can be an expensive and long-term commitment, so councils strongly recommend that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers. See page 50 for suggested contacts.

#### Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, your local council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

### **Deferred Payment Agreements**

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement.

This allows you to delay selling your former home during your lifetime. Any fees paid by your local council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme which covers all legal and administrative costs for the lifetime of the loan.

Your local council may limit the amount of the loan, depending on the equity in your property.

### **NHS Nursing Care Contribution**

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

# Third party payments

If you are eligible for your local council's support, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity. →

→ Before anyone agrees to pay your top-up, they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. The responsible person will need to sign a contract with the local council to confirm that they are able to do this.

If the additional payments stop being paid for any reason, then you should seek help and advice from your local council. You may have to move to a cheaper home within the local authority's funding levels. If you are already resident in a care home, and no top-up was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This may happen if a change to your arrangements is made at your request or with your agreement, for example you may move to a nicer room.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, a top-up should not be charged.

# Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any recommended product.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market.

A list of independent financial advisers who are accredited by the Society of Later Life Advisers can

be found at **www.societyoflaterlifeadvisers.co.uk** or you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support. These organisations are a good place to start if you are looking for information and want to see what sort of options are available.

#### Age UK

Tel: 0800 055 6112 Web: www.ageuk.org.uk/moneymatters

#### **Citizens Advice**

Web: www.citizensadvice.org.uk

#### Money Advice Service

Tel: 0800 138 7777 Web: www.moneyadviceservice.org.uk

# Important information

### Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care

providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. The results can also be saved and emailed to others.

The website includes detailed information for

each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 52), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk** 

# How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney. An 'advance directive' allows you to communicate your wishes in respect of future medical treatment but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk** 



# Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once the manager is made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. The owners have a duty to respond to any complaints made. → If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to speak to your local council.

#### **Blackburn with Darwen**

Corporate Complaints Manager, Blackburn with Darwen Borough Council, Town Hall, King William Street BB1 7DY Tel: **01254 585367** Email: **feedback@blackburn.gov.uk** 

#### Blackpool

Customer Relations Team, Blackpool Council Adults' and Children's Services, PO Box 4 FY1 1NA Tel: **01253 477700** Email: **customerrelations@blackpool.gov.uk** Web: **www.blackpool.gov.uk/Residents/Health-and-**

social-care/Social-services-complaints.aspx

### Inspecting and regulating care services

**CareQuality** Commission Health and social care services must be registered to show

that they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well-led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well, and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next, and what to look out for when it does. If you want to share your experience of care, visit **www.cqc.org.uk/share** 

Tel: **03000 616161** Email: **enquiries@cqc.org.uk** Web: **www.cqc.org.uk** Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA



Lancashire

You will need to fill in the form at

comments-complaints

independent way.

www.lancashire.gov.uk/health-and-social-

If you have been unable to resolve your complaint,

you can contact the Local Government and Social

Care Ombudsman on **0300 061 0614** and ask for assistance. The Local Government and Social Care

Ombudsman looks at complaints about councils

including adult social care providers (such as care

homes and home care providers). It is a free service

and its job is to investigate complaints in a fair and

and some other authorities and organisations,

care/adult-social-care/compliments-

# **Out-of-county care**

You can choose a care home outside your home county. You may want to be closer to friends, family members or you may want to relocate to another part of the country.

If your care home place is state-funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be

# Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

#### What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

#### Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or

suitable for your assessed needs and comply with the paying authority's terms and conditions.

You should seek further advice before making your decision.

For help finding care providers in Lancashire and other regions, visit **www.carechoices.co.uk** with details of your requirements.

• someone who deliberately exploits vulnerable people.

If you think someone is being abused, contact your local council.

#### Blackburn with Darwen Tel: 01254 585949 Email: clo@blackburn.gov.uk

#### Blackpool

Tel: 01253 477592 Email: adult.socialcare@blackpool.gov.uk

Lancashire Tel: 0300 123 6721 Web: www.lancashire.gov.uk/health-andsocial-care/adult-social-care/safeguardingadults.aspx

Alternatively, call the **police** on **101**, or **999** if it is an emergency.

If the abuse is also a crime such as assault, racial harassment, rape or theft you should involve the police to prevent someone else from being abused. If the police are involved, your local adult social care department will work with the police and with you to provide support.

#### You can also:

contact the Care Quality Commission (CQC) on
 03000 616161 if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or

 let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. These people have responsibilities under the county's adult protection procedure and can advise you about what to do next.

#### The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work or currently working with children and vulnerable adults.

This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/dbs** 

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed, or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment.

It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.





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www.carechoices.co.uk

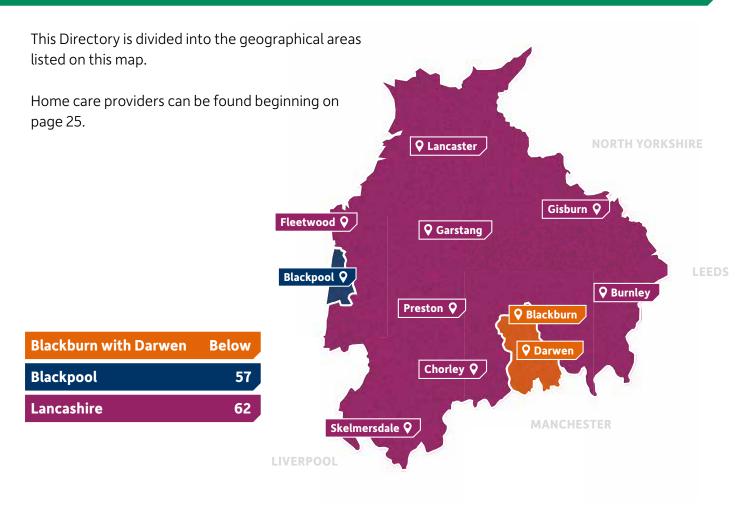
With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

CareChoices

# Residential care in Lancashire

(including Blackburn with Darwen and Blackpool)



# Blackburn with Darwen care homes

<b>Acorn House C</b> Whalley New R Tel: 01254 867	Road, Blackburn BB	1 9SP <b>OP D</b>	<b>Branch Court Care Home</b> Livesey Branch Road, Blackburn BB2 4QR Tel: 01254 682003	OP D
<b>Almond Villas</b> 3 Dukes Brow, Tel: 01254 681	Blackburn BB2 6EX	MH YA	<b>Dixon House</b> 17a Gorse Road, Blackburn BB2 6LY Tel: 01254 665522	LDA
<b>Andrews Cour</b> Livesey Branch Blackburn BB2 Tel: 01254 679	n Road, 2 4QR	OP D	<b>Feng Shui House (Blackburn)</b> 548 Preston Old Road, Blackburn BB2 5NL Tel: 07853 313888	OP D PD
	<b>idential Care Hom</b> o oad, Blackburn BB2 5020	-	<b>Franciscan Convent Blackburn</b> 26 East Park Road, Blackburn BB1 8BB Tel: 01254 53962	ОР
	<b>DP</b> Older people (65+) <b>MH</b> Mental health	<ul><li>D Dementia</li><li>Sensory impairment</li></ul>	PD Physical disability LDA Learning disability, autism YA Younger adults AD People who misuse alcoho	

## Blackburn with Darwen care homes continued

Hawkhurst	Payangwing Manar Pasidantial Caro Homo
Hawkhurst 18 Shear Bank Road, Blackburn BB1 8AZ	<b>Ravenswing Manor Residential Care Home</b> 3 St Francis Road, Blackburn BB2 2TZ
Tel: 01254 698338 OP D MI	
Heathcotes (Blackburn)	<b>RNID Action on Hearing Loss Fosse Bank House</b>
Florence House, Florence Street,	1-6 Fosse Bank Court, Fosse Close,
Blackburn BB1 5JP	Blackburn BB2 3UB
Tel: 01254 59969 PD LDA MH S	Tel: 01254 265057         PD LDA MH SI YA
Higher Bank	Sandybrook
Off Adelaide Terrace, Blackburn BB2 6EU	Sandy Lane, Lower Darwen, Blackburn BB3 OPU
Tel: 01254 582554 0	P Tel: 01254 660050 OP D
Hollymount Residential and Dementia	Springfield Care Home
Care Centre	Preston New Road,
3 West Park Road, Blackburn BB2 6DE	Blackburn BB2 6PS Advert outside back cover
Tel: 01254 266453 OP D PD MI	Tel: 01254 868109         OP D YA
Lancaster House	Springfield Cottage Residential Home
3-5 Lancaster Place, Blackburn BB2 6JT	Preston New Road, Blackburn BB2 6PS
Tel: 01254 678698 MI	Tel: 01254 264704 <b>OP</b>
Linden House Care Home	St Aidans
Delph Lane, Shadsworth Road,	124 St Aidens Avenue, Mill Hill, Blackburn BB2 4EY
Blackburn BB1 2BE	Tel: 01254 589856 LDA
Tel: 01254 690669 OP D PD MH SI Y	St James House
Longfield Residential Home – MD	St James' Crescent, Darwen BB3 0EY
Preston New Road, Blackburn BB2 6PS	Tel: 01254 873623 OP D PD SI
Tel: 01254 675532	) Thorncliffe Residential Care Home
Moorland View Care Home	Astley Bank, Darwen BB3 2QB
Moorland View, Exchange Street,	Tel: 01254 703122 OP D PD
Darwen BB3 0DX	
Tel: 01254 704611 0	
Oldfield House	
Residential Care Home	
15 Hawkshaw Avenue, Darwen BB3 1QZ	
Tel: 01254 702920 OP	
Oldfield Manor	
14 Hawkshaw Avenue, Darwen BB3 1QZ	
Tel: 01254 705650 0	
Pritchard Street	
19 Pritchard Street, Blackburn BB2 3PF	
Tel: 01254 681243 MI	

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

56 Search for care at www.carechoices.co.uk to find support in your area

# Blackburn with Darwen care homes with nursing

Birch Hall Care CentreBirch Hall Avenue, Darwen BB3 OJBTel: 01254 762323OP D PD	Northwood Nursing & Residential Care206 Preston New Road, Blackburn BB2 6PNTel: 01254 57208OP D PD YA
Clifton Lawns227 Blackburn Road, Darwen BB3 1HLTel: 01254 703220OP MH YA	<b>Old Gates Care Home</b> Livesey Branch Road, Feniscowles, Blackburn BB2 5BU Tel: 01254 209924 <b>OP D PD</b>
Eachstep BlackburnInfirmary Road, Blackburn BB2 3LPAdvert page 40Tel: 01254 266480OP D PD LDA MH SI YA	Queens Lodge Nursing HomeHaslingden Road, Blackburn BB2 3HQTel: 01254 681805OP PD
Haydock Nursing and Residential Care HomePleckgate Road, Ramsgreave,Blackburn BB1 8QWTel: 01254 245115	Springfield Care HomePreston New Road,Blackburn BB2 6PSTel: 01254 868109
Magdalene House10-14 Shear Bank Road, Blackburn BB1 8APTel: 01254 268880	For information on different types of care home, see page 41.

# Blackpool care homes

Acorn Lodge Residential Care Home 183 Reads Avenue, Blackpool FY1 4HZ Tel: 01253 300036	P D MH YA	<b>Autumn Leaves UK Ltd</b> 502 Devonshire Road, Bispham, Blackpool FY2 ( Tel: 01253 354595	)JR <b>OP</b>
<b>Adalena House</b> 186 Reads Avenue, Blackpool FY1 4JD Tel: 01253 391655	<b>PD LDA</b>	<b>Avonbloom Retirement Home</b> 351 Squires Gate Lane, Blackpool FY4 3RG Tel: 01253 401455	ОР
All Hallows 90 All Hallows, Bispham, Blackpool FY2 0A Tel: 01253 592284 PD LDA	Y <b>A MH SI YA</b>	<b>Balmoral Rest Home</b> 2 Conway Avenue, Thornton-Cleveleys FY5 3JH Tel: 01253 852319	ОР
<b>Ambassador Care Home</b> 670-672 Lytham Road, Blackpool FY4 1RG Tel: 01253 406371	OP D SI YA	Belgravia Care406 North Promenade, Blackpool FY1 2LBTel: 01253 595567OP D PD N	IH YA
<b>Annacliffe Residential Home</b> 129-131 Newton Drive, Blackpool FY3 8LZ Tel: 01253 301955	OP PD	Berwick House Rest Home1 Berwick Road, Blackpool FY4 2PTTel: 01253 342181	D YA
<b>Ashbourne Lodge Rest Home</b> 8 Seventh Avenue, Blackpool FY4 2ED Tel: 01253 341424	OP D PD	<b>Bronswick House</b> 16-20 Chesterfield Road, Blackpool FY1 2PP Tel: 01253 295669 OP D N	IH YA
ServiceOPOlder people (65+)DDemenUser BandsMHMental healthSISensor		<ul><li>PD Physical disability</li><li>LDA Learning disability, autism</li><li>YA Younger adults</li><li>AD People who misuse alcohol or d</li></ul>	rugs

Visit www.carechoices.co.uk for further assistance with your search for care 57

# Blackpool care homes continued

Carlin Lodge40 Carlin Gate, Blackpool FY2 9QTTel: 01253 596369	D PD	Highbury House Care Home580-582 Lytham Road, Blackpool FY4 1RBTel: 01253 344401
Chaseley Care Home 404 Promenade, Blackpool FY1 2LB Tel: 01253 352622 OP DI	PD SI	Highcroft Care Home, The599 Lytham Road, South Shore,Blackpool FY4 1RGTel: 01253 402066
<b>Coopers Way Respite Service</b> 1a Coopers Way, Blackpool FY1 3RJ Tel: 01253 477864	LDA	<b>Highgrove Rest Home Ltd</b> 88-90 St Annes Road, Blackpool FY4 2AT Tel: 01253 344555 <b>OP D MH YA</b>
Dunblane House73 Bloomfield Road, Blackpool FY1 6JNTel: 01253 316125M	H YA	Hollins Bank Care Home 601-603 Lytham Road, Blackpool FY4 1RG Tel: 01253 404565 OP
	A MH	Honeysuckle House10-12 Greystoke Place, Blackpool FY4 1NRTel: 01253 341325
Elmsdene Care Home 37-41 Dean Street, Blackpool FY4 1BP Tel: 01253 349617	D	Jah-Jireh Charity Homes Blackpool127-131 Reads Avenue, Blackpool FY1 4JHTel: 01253 622134OP D PD SI
	D YA	King Edward Care Home 7-9 Warbreck Drive, Blackpool FY2 9SX Tel: 01253 354785
<b>Glen Tanar Rest Home</b> 65 Cavendish Road, Blackpool FY2 9NJ Tel: 01253 352726	ОР	Langdales 117-119 Hornby Road, Blackpool FY1 4QP Tel: 01253 621079 OP D
<b>Glenthorne Rest Home Ltd</b> 126-128 Reads Avenue, Blackpool FY1 4JJ Tel: 01253 626722	ОР	<b>Lavender Lodge Care Home</b> 35 Horncliffe Road, Blackpool FY4 1LJ Tel: 01253 341576 <b>OP D PD MH SI</b>
<b>Golden Years Care Home</b> 47-49 Shaftesbury Avenue, Blackpool FY2 9TW Tel: 01253 594183	ОР	Links Lodge 16 Links Road, Blackpool FY1 2RU Tel: 01253 354744 OP D PD LDA SI YA
Gwenlyn House17 Chesterfield Road, North Shore,Blackpool FY1 2PPTel: 01253 626342OP LDA M	H YA	Merwood Rest Home310 Queens Promenade, Blackpool FY2 9ADTel: 01253 352221
<b>Haddon Court Ltd</b> 8-14 Haddon Road, Blackpool FY2 9AH Tel: 01253 353359	D	Napier Lodge Ltd45-47 Napier Avenue, Blackpool FY4 1PATel: 01253 403465OP D PD SI YA
ServiceOPOlder people (65+)DDementiaUser BandsMHMental healthSISensory impact		PDPhysical disabilityLDALearning disability, autismYAYounger adultsADPeople who misuse alcohol or drugs

# Blackpool care homes continued

<b>Owls Care Home, The</b> 168 St Annes Road, Blackpool FY4 2BL	<b>Rosehaven Residential Care Home</b> 200/202 Whitegate Drive,
Tel: 01253 402366 OP D	Blackpool FY3 9HJ
	Tel: 01253 764394 <b>OP D PD LDA MH SI YA AD</b>
Parade Rest Home	
31 Raikes Parade, Blackpool FY1 4EY	Sylvester Care Centre, The
Tel: 01253 293172 OP D PD S	· · · · · · · · · · · · · · · · · · ·
Pennystone Court	Tel: 01253 625777 OP D PD MH YA
Handsworth Road, Blackpool FY1 2RQ	Thornlea Rest Home
Tel: 01253 752307 OP D	
	Blackpool FY4 2QP
Phoenix Centre, The	Tel: 01253 345574 OP
Stratford Place, Ferguson Road,	
Blackpool FY1 6RN	Waterside Care Home
Tel: 01253 477841 OP D PD LDA MH YA AD	192 Queens Promenade, Bispham,
	Blackpool FY2 9JS
PNP Care Home	Tel: 01253 351612 OP D MH YA
90-92 Queens Promenade,	
Blackpool FY2 9NS	Watson House Rest Home
Tel: 01253 352777 OP D S	
Princess Alexandra Home for the Blind	Tel: 01253 341550 PD
Bosworth Place, Squires Gate,	Watson Road, 45
Blackpool FY4 1SH	South Shore, Blackpool FY4 2DB
Tel: 01253 403091 OP LDA S	•
Red Oak Care Home	Westfield Rest Home
196 St Annes Road, Blackpool FY4 2EF	2 Westfield Road, Blackpool FY1 6NY
Tel: 01253 349702 OP	Tel: 01253 344899 OP D MH YA
Redbricks Care Home	Willows Care Home, The
512 Queens Promenade, Little Bispham,	397 Midgeland Road, Marton Moss,
Thornton-Cleveleys FY5 1PQ	Blackpool FY4 5ED
Tel: 01253 854008 OP D YA	•

# Tell us what you think 🗹

What have you found useful?What could we do better?

Share your feedback – take our five minute survey www.carechoices.co.uk/reader-survey

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs





W: www.regency.care **f** www.facebook.com/rhcltd **@Regency\_HC** 



137/139 Hornby Road, Blackpool, Lancashire FY1 4JG T: 01253 621 043 E: newvictoria@regency.care





New Victoria Care Home is a welcoming nursing and residential care home with a very efficient team of nurses and carers who provide the highest standards of care for elderly people in Blackpool. The standard of care in New Victoria is at an all time high, and our 'Resident First' approach is at the core of the home's values.

New Victoria is registered to support **30 residents** for nursing and personal/ residential care. The home is a three storey building, with each floor equipped with assisted bathing and toilets. The building is disabled/wheelchair accessible and has a highly trained and dedicated team, providing palliative care and supporting those who have a physical or learning disability or increasing mental frailty.

#### Services we offer:

- Nursing and Personal/Residential care
- Intermediate care A Re-ablement care A End of life/Palliative care A Home Care & Support

#### Support & Facilities:

- Personal Healthcare > Laundry Service > Disabled/Wheelchair access > Lifts to all floors
- Specialist equipment Scar Park Special diets available

#### Health & Personal Care:

GP services available on request > Chiropody > Hairdresser > Optician and Dentists by arrangement

#### **Activities:**

- Newspapers and Music & Pop Quiz & Shopping Trips & Hairdressing & Karaoke
- Bingo & Skittles & Cheese & Wine tasting & Dominoes & Social Events

#### Accommodation:

- Nurse Call in every room A Rooms decorated to a high standard A TV in rooms
- Internet facility available

# Blackpool care homes with nursing

Acorn Nursing Home 125 Newton Drive, Blackpool FY3 8LZ Tel: 01253 392440 OP PD	GlenroydGlenroyd Close, Whitegate Drive,Blackpool FY3 9HFTel: 01253 464 232 Advert page 42OP D PD YA
Amber CourtKipling Hall Drive, Blackpool FY3 9UXTel: 01253 762076OP PD YA	New Victoria Nursing Home 137-139 Hornby Road,
<b>Arc, The</b> Clifton Avenue, Blackpool FY4 4RF	Blackpool FY1 4JG Tel: 01253 621043 Advert page 60 OP D PD MH YA
Tel: 01253 477855         OP D PD LDA MH SI YA AD	Nightingales Nursing Home
<b>Belsfield House</b> 4 Carlin Gate, Blackpool FY2 9QX	355a Norbreck Road, Thornton-Cleveleys FY5 1PB Tel: 01253 822558 OP D
Tel: 01253 592605 OP D PD MH YA	North Shore Nursing Home
Bispham GardensRyscar Way, Blackpool FY2 OFNTel: 07768 514531OP D PD	3 St Stephens Avenue, North Shore, Blackpool FY2 9RG Tel: 01253 351824 OP D PD YA
Broadway Care Home26 Broadway, Blackpool FY4 2HETel: 01253 401809OP D YA	Park View Care Home with Nursing539 Lytham Road, Blackpool FY4 1RATel: 01253 365696OP D MH YA
Brooklands Nursing and Care HomeRounday, Blackpool FY4 4LYTel: 01253 763518OP PD SI YA	<b>Ryecourt Nursing Home</b> 264-266 Queens Promenade, Bispham, Blackpool FY2 9HD Tel: 01253 592905 <b>OP D PD YA</b>
Farthings Nursing HomeWilson Square, Little Bispham,Thornton-Cleveleys FY5 1RFTel: 01253 864309OP SI	Sandycroft Nursing Home 366-368 Lytham Road, Blackpool FY4 1DW Tel: 01253 349400 OP D MH SI
Gilwood Lodge Clifton Drive, Blackpool FY4 1NP Tel: 01253 370838 DPD MH SI	<b>St Stephens Nursing Home</b> 4 St Stephens Avenue, Blackpool FY2 9RG Tel: 01253 352625 <b>OP D PD YA</b>



ServiceOP Older people (65+)D DementiaPD Physical disabilityLDA Learning disability, autismUser BandsMH Mental healthSI Sensory impairmentYA Younger adultsAD People who misuse alcohol or drugs

# Lancashire care homes

<b>Aadamson House Care Home</b> Peel Hall Street, Preston PR1 6QQ		Abbeyfield Silverdale & District Socie – Cove House	ety Ltd
Tel: 07931 586770	OP	Cove Road, Silverdale, Carnforth LA5 0 Tel: 01524 701219 <b>Advert below</b>	ISG
Aarondale Care Home Sunny Brow, off Chapel Lane, Coppull, Chorley PR7	74PF	Abiden Care	
Tel: 01257 471571 OP D PD M		22-24 Rosehill Road, Burnley BB11 2JT Tel: 01282 428603	OP D F
Abba Care Home			
Wesley Old Hall, Old Clough, Bacup OL13 8RA		Abode Residence	
Tel: 01706 879042 <b>OP M</b>	H YA	58 Moorland Road, Poulton-le-Fylde F Tel: 07922 740047	Y6 7EU
Abbey Wood Lodge Care Home			
173 County Road, Ormskirk L39 3LY		Abraham House	
Tel: 01695 767778 OP D PD LDA N	<b>IH SI</b>	515 Blackpool Road, Ashton-on-Ribble,	
		Preston PR2 1EQ	
Abbeycroft Residential Care Home Loveclough, Burnley Road,		Tel: 01772 721102	
Rossendale BB4 8QL Advert inside front c	over	Acorn Heights Care Home	
Tel: 01706 225582 OP D PC	) MH	147 Manchester Road, Burnley BB11 4H	-Τ

**OP D PD** 

#### **Abbeyfield Care Home Clitheroe**

Abbeyfield House, Union Street, Low Moor, Clitheroe BB7 2NH Tel: 01200 442550

**OP D** 

**OP D** 

OP

**OP D PD MH** 

B11 4HT Tel: 01282 422500 **OP D LDA MH YA** 

#### **Across The Bay**

479 Marine Road East. Morecambe LA4 6AF Tel: 01524 410625 **OP D PD MH SI** 



**User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

**OP D LDA MH** 

**OP D PD SI YA** 

**OP D** 

OP

**OP D** 

LDA YA

**OP D** 

MH

**OP D** 

**OP D PD SI YA** 

LDA MH

LDA MH YA

Adam House 21 Ormerod Road, Burnley BB11 2RU Tel: 01282 835923 MH	Ash-Lee 18 Thornton Road, Morecambe LA4 5PE Tel: 01524 420762 OP D LDA
Adelphi Residential Care Home35 Queens Road, Chorley PR7 1LATel: 01257 271361	Ashleigh Rest Home17 Beech Grove, Ashton, Preston PR2 1DXTel: 01772 723380
Albert House Residential Home22 Albert Road, Colne BB8 OAATel: 01282 862053OP D	<b>Ashmeade Residential Home</b> 379 Padiham Road, Burnley BB12 6SZ Tel: 01282 425142
Alexandra Court – Cleveleys 110 Victoria Road East, Thornton, Cleveleys FY5 3SZ Tel: 01253 853645 OP	Ashton Manor Care Home Scotforth Road, Lancaster LA1 4XN Tel: 01524 566007 OP D PD SI
Alma Green Residential Care Home Alma Hill, Hall Green, Up Holland, Skelmersdale WN8 OPA Tel: 01695 622504 OP	Aughton ParkAughton Park Drive, Aughton, Ormskirk L39 5QETel: 01695 576996 Advert page 46
Alsley Lodge Station Road, Rufford, Ormskirk L40 1TB Tel: 01704 821713 OP	Aykroyd LodgeThe Crescent, Reedley, Burnley BB10 2LXTel: 01282 449004LDA
Alston Lodge Residential Home Ltd Lower Lane, Longridge, Preston PR3 2YH Tel: 01772 783248 OP YA	Bank Hall Care CentreColne Road, Burnley BB11 2AATel: 01282 838909O
Altham Care Home Burnley Road, Clayton-le-Moors, Accrington BB5 5TW Tel: 01254 396015 OP D YA	Bannister Farm Cottage220 Longmeanygate, Midge Hall,Leyland PR26 7TBTel: 01772 457925LDA MH
Arnside Lodge1 Arnside Crescent, Morecambe LA4 5PPTel: 01524 832198OP D MH	<b>BarDen House</b> 29 Morecambe Road, Morecambe LA3 3AA Tel: 01524 425398
Arranmore Park Rest Home100 Square Lane, Burscough, Ormskirk L40 7RQTel: 01704 895887OP	<b>Bare Hall Residential Care Home</b> 20 Bare Lane, Morecambe LA4 6DF Tel: 01524 410906
Arrowsmith Lodge Rest Home Bournes Row, Hoghton PR5 ODR Tel: 01254 854141 OP D PD MH	Barley View Market Street, Whitworth, Rochdale OL12 8BD Tel: 01706 659917 OP D PD SI
Ash Cottage 26-28 Crow Woods, Edenfield, Ramsbottom, Bury BLO OHY Tel: 01706 826926 OP D	Barn, The 241-243 Leyland Lane, Leyland PR25 1XL Tel: 01772 434608

g disability, autism **User Bands** MH Mental health SI Sensory impairment YA Younger adults **AD** People who misuse alcohol or drugs

Barnfold Cottage Residential Home402 Blackburn Road, Oswaldtwistle BB5 4LZTel: 01254 381348	<b>Braeside Ho</b> r Stanhill Lane Tel: 01254 39
Beacon View Home for Older PeopleKiln Lane, Skelmersdale WN8 8PWTel: 01695 725682OP D	<b>Brambles Re</b> Park Avenue, Tel: 01772 61
Beech Grove Care HomeSt Pauls Street, Clitheroe BB7 2LSTel: 01200 426057OP	<b>Breck Lodge</b> 78-80 Breck Tel: 01253 89
Beechdale 302 Golden Hill Lane, Leyland, Preston PR25 2YH Tel: 01772 452924 DPD LDA SI	<b>Briercliffe Lo</b> Rainhall Cres Tel: 01282 81
Bellingham Residential Care Home, The47 Church Road, Lytham,Lytham St Annes FY8 5PRTel: 01253 737356	Brierfield Ho Hardy Avenu Tel: 01282 61 Broadfield H
BelmontInglewhite Road, Longridge, Preston PR3 2DBTel: 01772 782031Belvedere Care HomeWellington Street, Accrington BB5 2NN	Broadfield Di Tel: 01772 45 Brockholes E Deafway, Bro Tel: 01772 79
Tel: 01254 238248 OP D Belvedere Manor Gibfield Road, Colne BB8 8JT	Brook House 391 Padiham Tel: 01282 41
Tel: 01282 865581 Advert page 46 OP D PD SI YA Benjamin House 41-43 Ormerod Road, Burnley BB11 2RU Tel: 01282 835926 MH	<b>Brooklands H</b> 3 Woodville T Tel: 01253 73
<b>Bethany House</b> Gamull Lane, Ribbleton, Preston PR2 6TQ Tel: 01772 792226 <b>OP</b>	<b>Brooklands F</b> 6 Blackbull L Preston PR2 Tel: 01772 71
Bowerswood House Residential Home LtdBowers Lane, Nateby, Preston PR3 OJDTel: 01995 606120	<b>Brookside Re</b> 722 Preston I Tel: 01772 33
Bowgreave Rise Home for Older People1 Garstang Road, Garstang PR3 1YDTel: 01995 603637OP D	<b>Bungalow, T</b> 47 Todd Lane Tel: 01772 69

<b>Braeside Home for the Elderly Ltd</b> Stanhill Lane, Oswaldtwistle, Accrington BB5 4QF Tel: 01254 398099 OP D
Brambles Rest Home, ThePark Avenue, New Longton, Preston PR4 4AYTel: 01772 614533OP D PD SI YA
Breck Lodge Care Home78-80 Breck Road, Poulton-le-Fylde FY6 7HTTel: 01253 894567
Briercliffe LodgeRainhall Crescent, Barnoldswick BB18 6BSTel: 01282 816638
Brierfield HouseHardy Avenue, Brierfield, Nelson BB9 5RNTel: 01282 619313
Broadfield House Home for Older PeopleBroadfield Drive, Leyland PR25 1NBTel: 01772 457672OP D
Brockholes Brow – PrestonDeafway, Brockholes Brow, Preston PR1 5BBTel: 01772 796461SI
Brook House Residential Home391 Padiham Road, Burnley BB12 6SZTel: 01282 413107OP PD LDA SI YA
Brooklands House Rest Home3 Woodville Terrace, Lytham St Annes FY8 5QBTel: 01253 736393
Brooklands Residential Home, The6 Blackbull Lane, Fulwood,Preston PR2 3PUTel: 01772 719078OP D PD SI YA
<b>Brookside Residential Care Home</b> 722 Preston Road, Bamber Bridge, Preston PR5 8JP Tel: 01772 330794 <b>OP</b>
Bungalow, The 47 Todd Lane North, Lostock Hall, Preston PR5 5UR Tel: 01772 696961 LDA YA

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

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Bungalow, The 55 Moss Hall Road, Accrington BB5 5AS Tel: 01254 877755 YA	<b>Chaseside Care Home</b> 1a St George's Square, Lytham St Annes FY8 2NY Tel: 01253 724784 <b>OP D</b>
Burnley, Pendle & Rossendale Short Break Services	Chatterton Hey
Haddon House, Greenock Street, Burnley BB11 4DT	Exchange Street, Edenfield, Ramsbottom,
Tel: 01282 470710 LDA	Bury BLO OQH
	Tel: 01706 824554 OP PD LDA MH SI YA AD
Bushell House	Charry Trac Ladge Private Peridential Care Home
Mill Lane, Goosnargh, Preston PR3 2BJ Tel: 01772 865225 OP	<b>Cherry Tree Lodge Private Residential Care Home</b> 226-228 Bury Road, Rawtenstall,
Tel: 01112 803225	Rossendale BB4 6DJ
Butler House	Tel: 01706 221698 OP D
287 Fleetwood Road South,	
Thornton-Cleveleys FY5 5EF	Chestnut Grove Rest Home
Tel: 07525 688511 LDA MH YA	St Catherine's Way, Todd Lane South, Lostock Hall,
Calder View	Preston PR5 5XE
6 Keighley Road, Colne BB8 OJL	Tel: 01772 337061 OP
Tel: 01282 868077 MH	Chimes, The
	83 Park Road, Lytham St Annes FY8 1PW
Calvert House	Tel: 01253 725146 OP
Mill Lane, Leyland PR25 1HY	
Tel: 01772 459978 PD LDA MH SI YA AD	Chirnside House
Campbell House	Abbeyfield Close, Lancaster LA1 4NL
166 Heysham Road, Heysham, Morecambe LA3 1DJ	Tel: 01524 541720 OP D
Tel: 01524 807888 <b>OP D MH YA</b>	Chorley & South Ribble Short Break Services
	121 Worden Lane, Leyland,
Cardinal Heenan House	Preston PR25 3BD
Don Orione Centre, School Lane, Roby Mill WN8 0QR	Tel: 01772 539166 LDA
Tel: 01695 622885 OP D	
Carleton House	Church View Residential Home
31 Lower Bank Lane, Fulwood PR2 8NS	Church Street, Oswaldtwistle BB5 3QA Tel: 01254 381652 OP D
Tel: 01772 469111 MH	Tet: 01234 381032
	Clarence House
Castleford Home for Older People	1 St Thomas Road, Lytham St Annes FY8 1JL
Queens Road, Clitheroe BB7 1AR	Tel: 01253 728885 OP D PD MH YA
Tel: 01200 426355 OP D PD	Clayton Brook House
Catterall House Care Home	<b>Clayton Brook House</b> 90 Atlas Street, Clayton-le-Moors,
Garstang By-Pass Road, Catterall, Preston PR3 0QA	Accrington BB5 5LT
Tel: 01995 602220 <b>OP D PD LDA MH YA</b>	Tel: 01254 875340 LDA
Chapel Lodge	Clitheroe Care Home
11 Chapel Street, Worsthorne, Burnley BB10 3NR	Eshton Terrace, Clitheroe BB7 1BQ
Tel: 01282 413901 OP	Tel: 01200 428891 OP D PD SI
	DD DI STALLER IDA E E E E E E
Service OP Older people (65+) D Dementia	PD Physical disability LDA Learning disability, autism

66

	<b>Danesmoor Residential Care Home</b> 45 Helmshore Road, Haslingden, Rossendale BB4 4BW	OP D YA	<b>Clough House</b> 7 Worden Lane, Leyland PR25 3EL <sup>7</sup> el: 01772 436890
OP YA	Tel: 01706 216862		Clover House
	Deepdale Neurological Centre		+0 St John's Road, Heysham,
	150 Fletcher Road, Preston PR1 5HE		Morecambe LA3 1EX
<b>OP PD SI YA</b>	Tel: 01772 364681	<b>OP LDA MH YA</b>	el: 01524 426444
	Deerplay Care Home		Conifers Care Home
	10 Heald Lane, Weir, Bacup OL13 8NZ	eveleys,	56 Victoria Road East, Thornton-Cle
OP	Tel: 01706 878442		Blackpool FY5 5HQ
		OP	Fel: 01253 822122
	Derby Lodge		Saniatan Ilawaa Cana Ilama
	2a Black Bull Lane, Fulwood, Preston F		Coniston House Care Home
PD LDA YA	Tel: 01772 718811	OP D	Coniston Road, Chorley PR7 2JA Tel: 01257 265715
	Dercliffe Care Home		et. 01231 203113
	Juno Street, Nelson BB9 8RH		Coote Lane Residential Home
OP	Tel: 01282 603605	-	Coote Lane, Lostock Hall, Preston P
		OP D PD SI	Tel: 01772 312152
	Dixons Farm		Courtfield Lodge
	Wigan Road, Preston PR5 6AS	G	31a Marians Drive, Ormskirk L39 1L0
LDA YA	Tel: 01772 626916	OP D	fel: 01695 570581
ople	Dolphinlee House Home for Older Pe		
ter LA1 3LZ	Patterdale Road, Ridge Estate, Lancas		Craigneil Residential Home
OP D PD	Tel: 01524 37685	LA4 688 <b>OP</b>	2 Seaborn Road, Bare, Morecambe L Fel: 01524 831011
		UP	el: 01324 831011
0.007	Douglas Bank Nursing Home	2	Cravenside Home for Older People
	Lees Lane, Appley Bridge, Wigan WN8		ower North Avenue, Barnoldswick
OP D PD SI YA	Tel: 01257 255823	OP D PD MH	Tel: 01282 816790
	Dovehaven Grove	te Service	Creative Support – Balshaw Respit
PR5 6RE	Poplar Grove, Bamber Bridge, Preston		Balshaw Avenue, Euxton, Chorley PI
D PD MH SI YA	Tel: 01772 337105 <b>OP</b>	LDA MH YA	Tel: 01257 234999
	Dovehaven House		weth The
PR8 4IO	58 Moss Road, Southport, Merseyside	/. IV/	Croft, The
OP D	Tel: 01704 564259	OP LDA YA	1a Albany Road, Morecambe LA4 4 Fel: 07735 398230
		UP LDA TA	et: 01135 398230
	Draycombe House		Croft Care Home, The
	1 Draycombe Drive, Heysham, Moreca		34 King Street, Whalley BB7 9SN
LDA	Tel: 01524 858316	OP D PD SI YA	Tel: 01254 823010
	Eaves Hall Rest Home		Croft House Rest Home
	Kiddrow Lane, Burnley BB12 6LH	on PR4 1HT	26 Kirkham Road, Freckleton, Presto
	Tel: 01282 772413	OP YA	Tel: 01772 633981

Service User Bands	<b>OP</b> Older people (65+) <b>MH</b> Mental health		, , ,	LDA Learning disability, autism AD People who misuse alcohol or drugs
66 So	earch for care c	It www.carecho	pices.co.uk to	find support in your area

Edgar Street Residential Home3 Edgar Street, Huncoat, Accrington BB5 6NDTel: 01254 872119LDA	<b>Fernbank Loc</b> 346 Heysham Tel: 01524 854
Elm House Care HomeLime Grove, Skelmersdale WN8 8ETTel: 01695 213110OP PD SI	<b>Ferncross Re</b> 4 Crossdale A Tel: 01524 850
Elms House24-26 Woone Lane, Clitheroe BB7 1BGTel: 01200 424263LDA	<b>Fernhaven</b> 5 Derbe Road Tel: 01253 781
Ennerdale House192-198 Ennerdale, Skelmersdale WN8 6AHTel: 01695 728391MH YA	<b>Fernleigh Ho</b> 1 Fernleigh, L Tel: 01772 451
<b>Eric Morecambe House</b> Harrow Grove, Torrisholme, Morecambe LA4 6ST Tel: 01524 831104 OP D	<b>Fleetwood H</b> a Chatsworth A Tel: 01253 777
Euxton Park Care HomeWigan Road, Euxton,Chorley PR7 6DYTel: 01257 581949OP PD	<b>Franciscan Co</b> 63 Yorkshire S Tel: 01282 459
Fairhaven Care Home43-44 Laidleys Walk, Fleetwood FY7 7JLTel: 01253 772341	<b>Freckleton Lo</b> 103 Preston C Preston PR4 1 Tel: 01772 632
Fairhaven Lodge7-9 Fairhaven Road, Fairhaven, St Annes FY8 1NNTel: 01253 720375D	Freehold Cot 452 Market St Tel: 01706 853
Fairmont Residential Home30 Watling Street Road, Fulwood, Preston PR2 8DYTel: 01772 715228OP D PD SI YA	<b>Fylde and Wy</b> Larkholme La Tel: 01253 89 <sup>-</sup>
Fairways20 Westmoor Grove, Heysham,Morecambe LA3 2TATel: 01524 855222D	Gables Care I 25 Southport Tel: 01257 271
Favordale Home for Older PeopleByron Road, Colne BB8 OBHTel: 01282 860449	<b>Glengarry Co</b> 16 Victoria Ro Tel: 01253 883
Fern Hill House Care Home2-8 Todmorden Road, Bacup OL13 9BATel: 01706 873466OP D MH YA	<b>Glenthorne N</b> 4 Station Road Tel: 01253 854
<b>Service OP</b> Older people (65+) <b>D</b> Dementia	PD Physical disab

<b>Fernbank Lodge</b> 346 Heysham Road, Heysham, Morecambe Tel: 01524 854936	LA3 2BW <b>OP MH</b>
<b>Ferncross Retirement Home</b> 4 Crossdale Avenue, Heysham LA3 1PE Tel: 01524 850008	D
<b>Fernhaven</b> 5 Derbe Road, Lytham St Annes FY8 1NJ Tel: 01253 781199	OP D MH
<b>Fernleigh House</b> 1 Fernleigh, Leyland PR26 7AW Tel: 01772 451099	LDA YA
<b>Fleetwood Hall</b> Chatsworth Avenue, Fleetwood FY7 8RW Tel: 01253 777065	OP D
<b>Franciscan Convent Burnley</b> 63 Yorkshire Street, Burnley BB11 3BS Tel: 01282 459090	OP
<b>Freckleton Lodge</b> 103 Preston Old Road, Freckleton, Preston PR4 1HD	
103 Preston Old Road, Freckleton, Preston PR4 1HD Tel: 01772 632707	OP D YA
103 Preston Old Road, Freckleton, Preston PR4 1HD	
<ul> <li>103 Preston Old Road, Freckleton,</li> <li>Preston PR4 1HD</li> <li>Tel: 01772 632707</li> <li>Freehold Cottage Residential Home</li> <li>452 Market Street, Shawforth, Rochdale Ol</li> <li>Tel: 01706 853384</li> <li>Fylde and Wyre Short Break Services</li> <li>Larkholme Lane, Fleetwood FY7 7PN</li> </ul>	L12 8JB
<ul> <li>103 Preston Old Road, Freckleton,</li> <li>Preston PR4 1HD</li> <li>Tel: 01772 632707</li> <li>Freehold Cottage Residential Home</li> <li>452 Market Street, Shawforth, Rochdale Ol</li> <li>Tel: 01706 853384</li> <li>Fylde and Wyre Short Break Services</li> <li>Larkholme Lane, Fleetwood FY7 7PN</li> </ul>	L12 8JB MH
103 Preston Old Road, Freckleton, Preston PR4 1HD Tel: 01772 632707 Freehold Cottage Residential Home 452 Market Street, Shawforth, Rochdale Ol Tel: 01706 853384 Fylde and Wyre Short Break Services Larkholme Lane, Fleetwood FY7 7PN Tel: 01253 897290 D PD Gables Care Home, The 25 Southport Road, Chorley PR7 1LF	L12 8JB MH
103 Preston Old Road, Freckleton, Preston PR4 1HD Tel: 01772 632707 Freehold Cottage Residential Home 452 Market Street, Shawforth, Rochdale Ol Tel: 01706 853384 Fylde and Wyre Short Break Services Larkholme Lane, Fleetwood FY7 7PN Tel: 01253 897290 DPD Gables Care Home, The 25 Southport Road, Chorley PR7 1LF Tel: 01257 271299 Glengarry Court Care Home 16 Victoria Road, Poulton-le-Fylde FY6 7JA	L12 8JB MH LDA SI YA OP D YA

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

Gorse Hill2 Stephenson Drive, Burnley BB12 8AJTel: 01282 438916OP LDA YA	Heathcotes Preston1 Albert Road, Fulwood, Preston PR2 8PJTel: 01246 556453OP PD LDA MH SI YA
Grange, The72 Stump Lane, Chorley PR6 OALTel: 01257 241133OP D MH YA	Heather GrangeQueens Road, Burnley BB10 1XXTel: 01282 415908 Advert page 46OP D PD SI YA
Greenways Rest Home 720 Preston Road, Bamber Bridge, Preston PR5 8JP Tel: 01772 339083 OP D	Hedges House Residential Hotel Ltd37-39 Church Road, Lytham,Lytham St Annes FY8 5LLTel: 01253 739930OP YA
Grey Gables Residential Home1 Lodges Grove, Bare, Morecambe LA4 6HETel: 01524 923225D	Henley House 225 Whalley Road, Accrington BB5 5AD Tel: 01254 232763 OP
Grove House Home for Older People Highfield Road, Adlington, Chorley PR6 9RH Tel: 01257 481442 OP D PD Guy's Court Residential and Nursing Home	Hennel Lane99 Hennel Lane, Lostock Hall, Preston PR5 5ULTel: 01772 620587OP PD LDA SI YA
409 Poulton Road, Fleetwood FY7 7JY Tel: 01253 776073 OP D	High Brake House 129 Chatburn Road, Clitheroe BB7 2BD Tel: 01200 443680 OP D PD LDA MH SI YA AD
Haslingden Hall and the LodgeLancaster Avenue, Haslingden BB4 4HPTel: 0208 422 7365OP D PD YA	Highgrove HouseHighfield Road North, Chorley PR7 1PHTel: 01257 270643OP D
Hazeldene Care Home49 Ribchester Road, Clayton-le-Dale,Blackburn BB1 9HUTel: 01254 240360OP D	Hillcroft Residential Care Home 16-18 Long Lane, Aughton, Ormskirk L39 5AT Tel: 01695 422407 OP D YA
Headroomgate 1 Oxford Road, Lytham St Annes FY8 2EA Tel: 01253 724326 OP D PD MH SI YA	Hilton Residential HomeQuarry Street, Padiham, Burnley BB12 8PHTel: 01282 775016OP
Healey House 1 Oakenshaw Avenue, Whitworth, Rochdale OL12 8ST Tel: 01706 759692 DPD LDA MH	Hollin Bank House Blackburn Road, Oswaldtwistle, Accrington BB5 4PE Tel: 01254 236841 OP D
Healey Lodge Residential Home114 Manchester Road, Burnley BB11 4HSTel: 01282 436556OP LDA YA	Hollybank HouseChurch Street, Stacksteads OL13 ORWTel: 01706 877659LDA
Healy House 11 Omerod Road, Burnley BB11 2RU Tel: 01282 835923 MH	HollydaleBack Lane, Clayton-le-Woods, Chorley PR6 7EUTel: 01772 337701D PD LDA SI
ServiceOPOlder people (65+)DDementiaUser BandsMHMental healthSISensory impairment	PD Physical disabilityLDA Learning disability, autismYA Younger adultsAD People who misuse alcohol or drugs

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Holme Manor Care Home Holme Lane, Townsend Fold, Rossendale BB4 6JB Tel: 01706 218953 OP D MF	
Holt Mill House Lloyd Street, Whitworth, Rochdale OL12 8AA Tel: 01706 227418 PD LDA S	
<b>Holywell Home</b> 17 West End Road, Morecambe LA4 4DJ	Preston P Tel: 01772
Tel: 01524 418420	Lady Elsie Cottam A
Hulton Care Home Hulton Drive, Halifax Road, Nelson BB9 OEL Tel: 01282 617773 OP D YA	Tel: 01772
Hyndburn Short Break Service	10-12 Lak Tel: 01253
98/100 Gloucester Avenue, Accrington BB5 4BG Tel: 01254 220830	
<b>Jah-Jireh Charity Homes Leyland</b> 7 Beechfield Court, Leyland PR25 3SA	Thorpe A <sup>.</sup> Tel: 01524
Tel: 01772 623710 OP D PD S	Laurel Vi 170-172 T
Jalna Residential Care Home 285b Manchester Road, Burnley BB11 4HL Tel: 01282 431182 OP YA	Preston P Tel: 01772
Tel: 01282 431182 <b>OP YA</b> Jasmine Court	Lavender Stubbins
Botany Brow, Chorley PR6 OJW Tel: 0208 422 7365 <b>OP D PD YA</b>	Bury BLO Tel: 01706
<b>Keer Sands Residential Home</b> Crag Bank Road, Carnforth LA5 9JA	<b>Lawwood</b> 87 Todmo
Tel: 01524 732060 OP AC	
Kepplegate HouseSandy Lane, Preesall, Poulton-le-Fylde FY6 OEJTel: 01253 811957	Le Moors 285-289 Clayton-l Tel: 01254
Kingfisher Care Home, The8-10 Crossway, Thornton-Cleveleys FY5 1LATel: 01253 853136OP C	Lindens, Deardeng Tel: 01706
<b>Knights Care Home, The</b> 365-367 Clifton Drive North,	Lindsay H
St Annes-on-Sea FY8 2PA	Parbold H
Tel: 01253 720421 OP C	Tel: 0125
Service OP Older people (65+) D Dementia	PD Physical

#### Care Home, The ton Road, Ashton-on-Ribble, PR2 1A **OP D** 2 727485 Preston Moor Fold Community Preston, 3 Moor Park Avenue, PR1 6AS LDA 2 251113 ie Finney House Home for Older People Avenue, Cottam, Preston PR2 3XH 2 721072 **OPD** w Rest Homes ike Road, Lytham St Annes FY8 1BE **OP D** 3735915 er and Morecambe Short Breaks Service Avenue, Torrisholme, Morecambe LA4 6NG 24 581282 LDA illas Ltd Tulketh Road, Ashton-on-Ribble, PR2 1ER 2720609 OP er Hills Care Home Vale Road, Stubbins Vale, Ramsbottom, ONP **OPD** 6 828412 bd orden Road, Burnley BB11 3ES MH 32 435832 S Whalley Road, le-Moors BB5 5QU **OP D PD LDA SI YA** 4 871442

Lindens, The
 Deardengate, Haslingden, Rossendale BB4 5PU
 Tel: 01706 210093
 OP PD MH

**OPD** 

**Lindsay House** Parbold Hill, Parbold, Wigan WN8 7TG Tel: 01257 464177

ServiceOP Older people (65+)D DementiaPD Physical disabilityLDA Learning disability, autismUser BandsMH Mental healthSI Sensory impairmentYA Younger adultsAD People who misuse alcohol or drugs

Long Lane Farm Kellet Lane, Bamber Bridge, Preston PR5 6AN Tel: 01772 335372 LDA

Longcroft 58 Westbourne Road, Lancaster LA1 5EF **OP PD LDA MH SI YA** Tel: 01524 64950

Longridge Hall and Lodge 4 Barnacre Road, Longridge, Preston PR3 2PD Tel: 01772 786106 OP

**Lostock Grove Rest Home** Slater Lane, Leyland PR25 1TN Tel: 01772 454694

Lostock Lodge 34 Wateringpool Lane, Lostock Hall, Preston PR5 5AP Tel: 01772 626141

#### Lowfield House Ltd Railway View Avenue, Clitheroe BB7 2HA Tel: 01200 428514

**Lumb Valley Care Home** Burnley Road East, Lumb, Rossendale BB4 9PQ Tel: 01706 225027

Lynbrook 106 Todd Lane North, Lostock Hall, Preston PR5 5UQ Tel: 01772 323695 LDA YA

#### **Malvern House** 139 Heysham Road, Heysham, Morecambe LA3 1DE Tel: 07735 398230 **OP PD LDA MH**

**Mansard House** 28 Watling Street Road, Fulwood, Preston PR2 8DY Tel: 01772 774219 LDA MH YA

Mapledale Back Lane, Clayton-le-Woods, Chorley PR6 7EU **OP D PD LDA MH SI YA** Tel: 01772 334182

**Margaret House Care Home Ltd** 221 Manchester Road, Burnley BB11 4HN Tel: 01282 423804 OP MH YA

	Mariners Court Care Home	
DA YA	45-46 Laidleys Walk, Fleetwood FY7 7JL Tel: 01253 872493	P D PD YA
	Marsden Grange	
	239 Barkerhouse Road, Nelson BB9 9NL	0.0
A AD	Tel: 01282 618226	OP
	Marsden Heights Care Home	
	316 Kings Causeway, Brierfield,	
OP D	Nelson BB9 OEY	
	Tel: 01282 697144 <b>OP D PD LDA</b>	MH SI YA
	Marsh House	
OP D	· 3	
	Tel: 01772 600991	<b>OP YA</b>
	Mather Fold House	
	Hoghton Lane, Hoghton, Preston PR5 4EP	
OP D	Tel: 01772 311371	LDA
	Mayfair Residential Home Ltd	
	Marine Road East, Morecambe LA4 5AR	
OP	Tel: 01524 411836	ОР
	Mcauley Mount Residential Care Home	
	Dedile and Develop DD12 CTC	

OP

LDA

Padiham Road, Burnley BB12 6TG	
Tel: 01282 438071	OP

#### Meadow Lodge Residential Care Home

Whalley Road, Padiham, Burnley BB12 8JX Tel: 01282 772596

# **Meadowfield House Home for Older People**

Meadowfield, Fulwood, Preston PR2 9NX Tel: 01772 864881 **OP D PD** 

#### Meadows, The Mill Lane, Leyland PR25 1HY Tel: 01772 431466 LDA

#### **Melrose Residential Home**

50 Moss Lane, Leyland, Preston PR25 4SH Tel: 01772 434638 **OPD** 

**Merlewood House** 52 Park Lane, Great Harwood BB6 7RF Tel: 01254 885355

#### **PD** Physical disability **LDA** Learning disability, autism Service **OP** Older people (65+) **D** Dementia **User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OP

		ICI' OTHIS 022113	
Tel: 01253 722800	<b>OP LDA YA</b>	Tel: 01772 635779	OP D PD
Lytham St Annes FY8 2DF		15 Naze Lane, Freckleton PR4 1RH	
Mr David Calwell – 6 Lord Street		Old Vicarage Care Home, The	
-	P D PD MH SI	Tel: 01524 221284	OP
Thornton-Cleveleys FY5 1BZ		56 Main Street, Hornby, Lancaster LA	2 8JT
11-13 South Promenade,		Old Vicarage, The	
Morvern Care Centre		161. 01231 214010	
Tel: 01253 729941	OP	Pall Mall, Chorley PR7 3LT Tel: 01257 274678	D PD LDA SI
60 North Promenade, Lytham St Annes		Old Mill House	
Moorings, The			
· · ·		Tel: 01772 324515	LDA
Tel: 01254 232793	OP	91 Hennel Lane, Walton-le-Dale, Pres	ton PR5 4LE
309-315 Whalley Road, Accrington BB5	5DF	Oaks, The	
Moorhead Rest Home		Tel: 01282 458463	MH
Tel: 01772 682884	OP D PD MH	68 Westgate, Burnley BB11 1RY	
53 Moor Street, Kirkham, Preston PR4 2		Oakmount House	
Moor Villa			
157 01203 1100TT	Vr	Tel: 01524 831554	MH
35 Mount Road, Fleetwood FY7 6EX Tel: 01253 776011	OP	21 Norton Road, Heysham, Morecamb	e LA3 1HA
Milton Lodge Rest Home		Oakley Care Home	
		Tel: 07712 468169	LDA YA
	P PD LDA YA	Oakenshaw View, Whitworth, Rochda	le OL12 8SP
Rochdale OL12 8NU		Oakenshaw House	
10 Oak Street, Whitworth,		Tel: 01995 671293	OP
Millgate House		40 Raikes Road, Great Eccleston, Pres	
Tel: 01706 220988	MH	Northlands Village Rest Home	
Rossendale BB4 8AN			
615 Burnley Road, Crawshawbooth,		Tel: 01253 721322	OP D
MillerHouse Residential Care Home		Lytham St Annes FY8 1PU	
Tel: 01772 243014 PD I		93-99 St Andrew's Road South,	
Penwortham, Preston PR1 0XW	LDA MH SI YA	Newfield Lodge Rest Home	
Millbrook Way, 2		Tel: 01772 792624	LDA YA
		Cow Hill, Haighton, Preston PR2 5SE	
Tel: 01254 883216	OP D	New House Farm	
Blackburn BB6 7HL		Tet: 01524 414555	
Mill Lodge Residential Care Home Belmont Road, Great Harwood,		Morecambe LA3 1RQ Tel: 01524 414353	OP MH
Mill Lodge Peridential Care Home		Mrs Mollie Green – 23 Parliament St	eet
Tel: 01772 684836	OP D PD MH	Mrs Mallie Crean 22 Darliamant Ch	t
Preston PR4 2HA		Tel: 01253 640880	<b>OP LDA YA</b>
72 Station Road, Kirkham,		Lytham St Annes FY8 2BD	

Lancashire care homes continued Advertisers are highlighte		
Olive House Home for Older PeopleNew Line, Bacup OL13 OBYTel: 01706 237771OP D PD	Pathways (North West) Ltd – 136 Whalley RoadAccrington BB5 1BSTel: 01254 236411OP MH YA	
Oxford House Residential Home258 Garstang Road, Fulwood,Preston PR2 9QBTel: 01772 713503OP D PD SI YA	Pathways (North West) Ltd – Blackburn Road175 Blackburn Road, Great Harwood,Blackburn BB6 7LUTel: 01254 829216OP MH YA	
Paradise House30 Paradise Lane, Leyland PR26 7STTel: 01772 452750OP D PD MH SI YA	Pathways (North West) Ltd – Oswald House12 Oswald Street, Oswaldtwistle, Accrington BB5 3JFTel: 01254 231275OP MH YA	
Park Grove2-4 Liverpool Road North, Burscough,Ormskirk L40 5TPTel: 01704 893750	Pendle Brook Care Home2 Haworth Street, Oswaldtwistle,Accrington BB5 3EATel: 01254 311777	
Park View Residential Home95 Regent Road, Morecambe LA3 1AFTel: 01524 415893	Pendle View15-17 Chatham Street, Nelson BB9 7UQTel: 01282 690703D MH	
Parklands Care Home516 New Hall Lane, Preston PR1 4TDTel: 01772 795675OP	Penwortham Grange and LodgeMartinfield Road, Penwortham, Preston PR1 9HLTel: 01772 748576 Advert below	

# **Orchard Care Homes in Your Area**





ServiceOP Older people (65+)D DementiaPD Physical disabilityLDA Learning disability, autismUser BandsMH Mental healthSI Sensory impairmentYA Younger adultsAD People who misuse alcohol or drugs

Preston Glades Care Home196 Miller Road, Ribbleton,Preston PR2 6NHAdvert outside back coverTel: 01772 878169OP D MH
Preston Short Break Services50 Larches Avenue, Ashton, Preston PR2 1LNTel: 01772 722681LDA
Primrose Bank Care Home153 Breck Road, Poulton-le-Fylde FY6 7HJTel: 01253 884488
Primrose Neurological CentreMiddleton Road, Middleton, Morecambe LA3 3JJTel: 01524 853385OP PD SI YA
Rathmore Care Home3 St Anne's Road East, Lytham St Annes FY8 1TATel: 01253 729410OP
Ravenscroft Rest Home LtdLiverpool Road, Longton, Preston PR4 5HATel: 01772 614516OP PD
Redlands Care Home44-46 Park Road, Lytham St Annes FY8 1PNTel: 01253 725835OP D MH YA AD
Reiver House303 Leyland Lane, Leyland PR25 1HYTel: 01772 432080LDA
Ribble Valley Care HomeSmiley Old Brow, Sawley, Clitheroe BB7 4LFTel: 01200 441205OP D PD YA
Ribble Valley Short Break Service12 Croasdale Drive, Clitheroe BB7 1LQTel: 01200 424394LDA
Riverside Rest Home17 West Beach, Lytham St Annes FY8 5QHTel: 01253 737317OP D LDA
Rockmount Northwest1 Blackburn Road, Rishton,Blackburn BB1 4HDTel: 01254 876362PD LDA MH SI AD

Rosedale42a Manchester Road, Rossendale BB4 5STTel: 01706 222066MH
Rosewood Lodge Rest Home491 Clifton Drive North, Lytham St Annes FY8 2QXTel: 01253 721601
Rossendale Road198 Rossendale Road, Burnley BB11 5DETel: 01282 425668PD LDA MH SI YA
Rough Lee HomeRough Lee Road, Accrington BB5 2LNTel: 01254 393152PD
RowandaleBack Lane, Clayton-le-Woods, Chorley PR6 7EUTel: 01772 620739D PD LDA SI
Royal Care Home16-18 York Road, St Annes-on-Sea FY8 1HPTel: 01253 726196OP D
Roylen Ave, 3Carleton, Poulton-Le-Fylde FY6 7PHTel: 01253 424555LDA
Rushley House Retirement Home327 Lancaster Road, Morecambe LA4 6RHTel: 01524 417405OP
Sands Meadows, The 27 Hest Bank Lane, Hest Bank, Lancaster LA2 6DG Tel: 01524 824050 OP D
Scaleford Care HomeLune Road, Lancaster LA1 5QTTel: 01524 841232OP D
Sea Bank House27-31 The Esplanade, Knott End on Sea,Poulton-le-Fylde FY6 0ADTel: 01253 810888
Sense – 85 Park Road
Accrington BB5 1ST Tel: 01254 397274 LDA SI

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

Shawcare@Highwray15 Formby Lane, Aughton, Ormskirk L39 7HGTel: 01695 421420OP PD	Stella Matutina Care Home 16 Clifton Drive, Ansdell, Lytham St Annes FY8 5RQ Tel: 01253 734834 OP
SherwoodClifton Street, Rishton, Blackburn BB1 4DWTel: 01254 829816	Stockdove House 12 Stockdove Way, Thornton-Cleveleys FY5 2AP Tel: 01253 855967 OP D
Sherwood LodgeSherwood Way, Fulwood, Preston PR2 9GATel: 01772 394 122 Advert page 42OP	<b>Stocks Hall Residential Home – Ormskirk</b> 76a Nursery Avenue, Ormskirk L39 2DZ
SONACare 2 Stockdove Way, Thornton-Cleveleys FY5 2AP Tel: 01253 821324 OP PD Southview Lodge Residential Care 92 Station Road, Hesketh Bank, Preston PR4 6SQ Tel: 01772 812566 OP	Tel: 01695 579842OP D YASunnyside Rest HomeOP D YACoupland Close, Whitworth, Rochdale OL12 8QE Tel: 01706 751599OP D YASwillbrook House Residential HomeOP D YA
Spinney, The Gough Lane, Bamber Bridge, Preston PR5 6AQ Tel: 01772 629131	Swillbrook House, Rosemary Lane, Bartle, Preston PR4 OHB Tel: 01772 690317 OP D PD SI YA
<b>Spring Cottage</b> Stone Moor Bottom, St John's Road, Padiham BB12 7BS Tel: 01282 771601	Sycamore Rise Residential Care Home3 Hill Lane, Colne BB8 7EFTel: 01282 864209OP D MH
Springfield Retirement Home Ltd14 Elms Road, Bare, Morecambe LA4 6APTel: 01524 426032	Teamcare Ltd T/A Highcliffe Residential Home226 Preston Road, Whittle-le-Woods,Chorley PR6 7HWTel: 01257 265198
<b>St Mary's Gate Euxton</b> 25 St Mary's Gate, Euxton, Chorley PR7 6AH Tel: 01257 241899 <b>OP PD LDA SI YA</b>	Thistle ManorEdisford Road, Clitheroe BB7 3LATel: 01200 422681MH
<b>Stafford House Residential Care Home</b> 7 North Promenade, Thornton-Cleveleys FY5 1DB Tel: 01253 853073 OP	<b>Thistleton Lodge</b> Fleetwood Road, Thistleton, Kirkham, Preston PR4 3YA Tel: 01995 671088 <b>OP D</b>
Stanley Lodge Residential HomeSchool Lane, off Cockerham Road, Forton LA2 OHETel: 01524 791904	Thorns Retirement Home, The1 Coastal Road, Hestbank, Lancaster LA2 6DWTel: 01524 822558
Starr HillsAnsdell Road South, Ansdell,Lytham St Annes FY8 5PQTel: 01253 735037 Advert page 46	Thornton House Home for Older PeopleWhimbrel Drive, off Mayfield Avenue,Thornton-Cleveleys FY5 2LRTel: 01253 825845OP D PD MH
Service OP Older people (65+) D Dementia	PD Physical disability LDA Learning disability, autism

Service **PD** Physical disability **LDA** Learning disability, autism **OP** Older people (65+) **D** Dementia User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Thornton Lodge Care Home23 Trunnah Road, Thornton-Cleveleys FY5 4HFTel: 01253 856001OP D

Thornton Lodge Residential Care Home43-47 Thornton Road, Morecambe LA4 5PDTel: 01524 410430OP MH

Towneley House 143-145 Todmorden Road, Burnley BB11 3HA Tel: 01282 424739 OP D YA

**Townfield and Coach House** 99-103 Church Street, Great Harwood, Blackburn BB6 7QB Tel: 01254 884058

Tree Top View204 Longmeanygate, Midge Hall, Leyland PR26 7TBTel: 01772 458734LDA

**OP D PD** 

LDA

OP

OP

#### Tylecote

10 Furness Road, Heysham, Morecambe LA3 1EZ Tel: 01524 414834 LDA

#### United Response – 9 Beverley Road North

Lytham St Annes FY8 3EU Tel: 01253 723910 **Victoria Care Home** Thursby Road, Burnley BB10 3AU

#### Victoria House

Tel: 01282 416475

2 Victoria Road, Poulton FY6 7JA Tel: 01253 892400 OP D

#### Victoria House

25 Victoria Avenue, Brierfield, Nelson BB9 5RH Tel: 01282 697535

#### Villarose Rest Home

256 Clifton Drive South, Lytham St Annes FY8 1NE Tel: 01253 711860 OP

#### Vine House

375 Union Road, Oswaldtwistle, Accrington BB5 3NS Tel: 01254 391820 OP PD SI

#### Watling St Road, 185

Fulwood, Preston PR2 8AE Tel: 01772 700371	LDA MH
<b>Wellfield</b> 200 Whalley Road, Accrington BB5 5AA Tel: 01254 235386	ОР
Wentworth House 283 Clifton Drive South, Lytham St Annes FY8 1HN Tel: 01253 724367 West Lancashire Short Break Services	ОР
7 School Lane, Skelmersdale WN8 8EH Tel: 01695 729367	OP PD LDA
<b>Westholme</b> 24-28 Victoria Road, Lytham St Annes FY Tel: 01253 727114	8 1LE OP
Westport House Care Home 320 Fleetwood Road North, Thornton-Cleveleys FY5 4LD Tel: 01253 864016	OP D
<b>Westwards House Residential Care Hom</b> 18 Croston Road, Garstang PR3 1EN Tel: 01995 602055	ie OP
<b>Westwood Residential Care Home</b> 29-31 Southport Road, Chorley PR7 1LF Tel: 01257 264626	ОР
White Ash BrookThwaites Road, Oswaldtwistle,Accrington BB5 4QRTel: 0345 293 7664	D PD MH YA
<b>Willowbank Rest Home</b> 42 Lancaster Lane, Clayton-le-Woods, Leyland PR25 5SP Tel: 01772 435429	OP D PD SI
Willowbrooke Residential Home 1-3 Todd Lane South, Lostock Hall,	
Preston PR5 5XD Tel: 01772 626177	OP D PD

ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

<b>Willowdale</b> Back Lane, Clayton-le-Woods, Chorley PR6	7EU	Woodlands Home for Older People Warwick Avenue, Clayton-le-Moors,	
	PD LDA SI	Accrington BB5 5RW	
Willowhurst		Tel: 01254 394732	OP D
Midgery Lane, Fulwood, Preston PR2 9SX		Woodleigh House	
Tel: 01772 754376	MH YA	Woodlea Road, Waterfoot,	
		Rossendale BB4 7BD	
Willows Residential Care Home, The		Tel: 01706 227418	D PD LDA SI
30 Slinger Road, Thornton-Cleveleys FY5 1E	3N		
Tel: 01253 863059	LDA	Woodside Home for Older People	
		Burnley Road, Padiham,	
Windsor Road		Burnley BB12 8SD	
30 Windsor Road, Ansdell,		Tel: 01282 774457	<b>OP D LDA</b> MH
Lytham St Annes FY8 1AH			
Tel: 01253 731424	<b>P</b> MH <b>YA</b>	Wordsworth House	
		Wordsworth Street, Hapton,	
Woodhill House Home for Older People		Burnley BB12 7JX	
60 Woodhill Lane, Morecambe LA4 4NN		Tel: 01282 778940	OP D MH YA
Tel: 01524 423588	OP D		
		Yachtsman Care Home, The	
Woodlands		41-42 Laidleys Walk,	
Gough Lane, Bamber Bridge, Preston PR5 6	AQ	Fleetwood FY7 7JL	
Tel: 01772 323695 PD I	.DA SI YA	Tel: 01253 873472	OP D



ServiceOP Older people (65+)D DementiaPD Physical disabilityLDA Learning disability, autismUser BandsMH Mental healthSI Sensory impairmentYA Younger adultsAD People who misuse alcohol or drugs

## Lancashire care homes with nursing

#### Aaron Crest Care Home

Tanhouse Road, Skelmersdale WN8 6AZ	
Tel: 01695 558880 Advert below	OP D

Abbey Wood Lodge Care Home 173 County Road, Ormskirk L39 3LY Tel: 01695 767778 OP D PD LDA MH SI

**Addison Court** Addison Street, Accrington BB5 6AG Tel: 01254 233821

**OP D** 

OP

### **Alexandra Nursing Home – Poulton-Le-Fylde** Moorland Road, Poulton-le-Fylde FY6 7EU

Tel: 01253 893313 OP D PD

#### Alistre Lodge Nursing & Care Home

67-69 St Annes Road East, Lytham St Annes FY8 1UR Tel: 01253 726786

#### Alston View Nursing and Residential Home

Fell Brow, Longridge, Preston PR3 3NT Tel: 01772 782010

#### Andrew Smith House – Nelson

Marsden Hall Road North, Nelson BB9 8JN Tel: 01282 613585 OP D PD LDA YA

#### **Ashlands Nursing Home**

Turnpike, Newchurch, Rossendale BB4 9DU Tel: 01706 217979

#### Asmall Hall

Asmall Lane, Scarisbrick, Ormskirk L40 8JL Tel: 01695 579548 OP D PD YA

#### **Bankhouse Care Home**

Shard Road, Hambleton, Poulton-le-Fylde FY6 9BU Tel: 01253 701635 **OP D** 

#### **Banksfield Nursing Home**

20 Banksfield Avenue, Fulwood, Preston PR2 3RN Tel: 01772 733001 OP D

#### **Beaufort Care Home**

High Lane, Burscough, Ormskirk L40 7SN Tel: 01704 897766 OP PD SI YA

#### **Beeches Care Home**

25 Park Road, Coppull, Chorley PR7 5AH Tel: 01257 792687

**OP D YA** 

#### **Belmar Nursing Home, The**

25 Clifton Drive, Lytham St Annes FY8 5QX Tel: 01253 739534 **OP D MH YA AD** 

#### Berkeley Village and Cuerden Grange

414 Station Road, Bamber Bridge, Preston PR5 6JN Tel: 01772 628700 OP D PD MH YA

#### **Birch Green Care Home**

Ivydale, Birch Green, Skelmersdale WN8 6RS Tel: 01695 50916

**OP D PD LDA MH SI YA** 

#### Brandreth Lodge Care Home Ltd

Stoney Lane, Parbold, Wigan WN8 7AF Tel: 01257 464434

OP



ServiceOPOlder people (65+)DDementiaPDPhysical disabilityLDALearning disability, autismUser BandsMHMental healthSISensory impairmentYAYounger adultsADPeople who misuse alcohol or drugs

Advertisers are highlighted

Bridgeway Care HomeGamull Lane, Ribbleton,Preston PR2 6TQTel: 01772 796048OP D PD LDA SI YA	Delaheys Nursing Home215 Clifton Drive South, St Annes,Lytham St Annes FY8 1ESTel: 01253 714946
Brookhaven Gough Lane, Bamber Bridge, Preston PR5 6AQ Tel: 01772 646650	Douglas Bank Nursing HomeLees Lane, Appley Bridge,Wigan WN8 0SZTel: 01257 255823OP D PD SI YA
Church View (Nursing Home)Princess Street, Accrington BB5 1SPTel: 01254 386658OP D YA	Dove Court Care HomeShuttleworth Street, Burnley BB10 1ENTel: 01282 830088OP D PD MH
Cleveland House Greaves Hall Avenue, Banks, Southport PR9 8BL Tel: 07748 188362 PD LDA	Dovedale Court Dovedale Avenue, Ingol, Preston PR2 3WQ Tel: 01772 507 106 Advert page 42 OP D YA
Cleveleys Nursing Home 19 Rossall Road, Thornton-Cleveleys FY5 1DX Tel: 01253 865550 OP D PD	Dovehaven LodgeTag Lane, Ingol, Preston PR2 7ABTel: 01772 723745OP D PD MH SI YA
Conifers Nursing HomeThe Conifers, Hambleton,Poulton-le-Fylde FY6 9EPTel: 01253 701777	Euxton Park Care HomeWigan Road, Euxton,Chorley PR7 6DYAdvert outside back coverTel: 01257 581949
Cornmill Nursing and Residential Care HomeBonds Lane, Garstang, Preston PR3 1RATel: 01995 606446OP PD YA	Finney HouseFlintoff Way, Preston PR1 6ABTel: 01772 286547
Crawshaw Hall Medical Centre and Nursing HomeBurnley Road, Crawshawbooth,Rossendale BB4 8LZTel: 01706 228694OP D PD MH YA	Fleetwood Nursing Home Grange Road, Fleetwood FY7 8BH Tel: 01253 779290OP MHGillibrand Hall Nursing Care Home
Cross and Passion Convent East Holme, 19 East Beach, Lytham FY8 5EU Tel: 01253 736913 OP D PD	Folly Wood Drive, Chorley PR7 2FWTel: 01257 270586 <b>Glen Care Home, The</b>
Croston Park Nursing Home Town Road, Croston, Leyland PR26 9RA Tel: 01772 601431 OP D PD MH SI	Gleneagles Drive, Morecambe LA4 5BN Tel: 01524 400255 OP D PD YA
Crystal Hall Whittingham, Preston PR3 2JE Tel: 01772 861034 MH YA	Grange Care Home, TheKeighley Road, Colne BB8 0QGTel: 01282 881528OP PD
Service User BandsOP Older people (65+)D DementiaMH Mental healthSI Sensory impairment	PD Physical disabilityLDA Learning disability, autismYA Younger adultsAD People who misuse alcohol or drugs

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Grove Care Home, The 40 Owen Street, Rosegrove, Burnley BB12 6HW Tel: 01282 437788 OP YA	Hillcroft Nursing Home CarnforthNorth Road, Carnforth, Lancaster LA5 9LXTel: 01524 734433
Hamptons Care Centre, TheMain Drive, off Heyhouses Lane,Lytham St Annes FY8 3FFTel: 01253 720052OP D PD	Hillcroft Nursing Home Caton GreenCaton Green Road, Brookhouse, Lancaster LA2 9JHTel: 01524 770334OP DHillcroft Nursing Home Lancaster
Heightside House Nursing HomeNewchurch Road, Rawtenstall,Rossendale BB4 9HGTel: 01706 830570OP MH YA	Westbourne Road, Lancaster LA1 5DX Tel: 01524 63107 D Hillcroft Nursing Home Morecambe
Higher Cockham FarmRoundhill Road, Haslingden BB4 5TUTel: 01706 223864OP LDA MH YA	Woodlands Drive, Morecambe LA3 1LZ Tel: 01524 858599 OP D Hillcroft Nursing Home Slyne Throstle Grove, Slyne with Hest,
Highfield HallGrane Road, Haslingden, Rossendale BB4 5ESTel: 01706 222326OP D	Lancaster LA2 6AX Tel: 01524 825328 OP D Hillview Care Home
Hillcroft House GalgateChapel Lane, Galgate, Lancaster LA2 OPRTel: 01524 751691OP	Hurst Lane (off Crankshaw Street), Rawtenstall, Rossendale BB4 7RA Tel: 01706 218484 <b>Advert below OP D PD MH YA</b>



Hillview Care Home provides quality nursing and residential care to residents with varying needs, from specialist nursing support to general assistance with everyday living.

Additionally, Hillview offers respite care to allow home carers a much-needed break.

The home is purpose-built and residents benefit from a mature garden with raised flower beds, a fountain, a pond and a number of patio seating areas.

Residents are encouraged to maintain their hobbies in the communal and quiet lounges, and there is also a relaxation and sensory room for all to enjoy.



Crankshaw Street, Rawtenstall, Lancashire, BB4 7RA



## Call us on 01706 218484 or visit www.martoncarehomes.co.uk

ServiceOP Older people (65+)D DementiaPD Physical disabilityLDA Learning disability, autismUser BandsMH Mental healthSI Sensory impairmentYA Younger adultsAD People who misuse alcohol or drugs

Hollies Nursing and Residential Home Ltd	Manor House, The
44 Church Street, Clayton-le-Moors,	26 Bridge Road, Chatburn, Clitheroe BB7 4AW
Accrington BB5 5HT Tel: 01254 381519 OP D	Tel: 01200 441394 OP D PD YA
Tet: 01234 381319	Manse Nursing Home, The
Hope House	Kirkgate, Kirkham, Preston PR4 2UJ
Rishton Road, Clayton-le-Moors,	Tel: 01772 686684 OP D PD
Accrington BB5 5PN	
Tel: 01254 397220 OP D PD	Mapleford Nursing Home Bolton Avenue, Huncoat, Accrington BB5 6HN
Hulton House Care Residence	Tel: 01254 871255 OP D PD MH SI
Lightfoot Green Lane, Lightfoot Green,	
Preston PR4 0AP	Marley Court Nursing Home Ltd
Tel: 01772 348321 OP D PD SI YA	Bolton Road, Heath Charnock, Chorley PR7 4AZ Tel: 01257 226700 OP
Lakeland View Care Centre	
220-224 Heysham Road, Heysham,	Meadow Bank Care Home
Morecambe LA3 1NL	Meadow Lane, Bamber Bridge, Preston PR5 8LN Tel: 01772 626363 OP D
Tel: 01524 410917 OP D PD MH YA	Tet: 01112 020303
Laurel Bank	Moira House
Westbourne Road, Lancaster LA1 5EF	3 James Street, Oswaldtwistle, Accrington BB5 3LJ
Tel: 01524 487 354 Advert page 42 OP PD YA	Tel: 01282 678393 MH YA
Laurels Care and Nursing Home, The	Moor Park House Ltd
Bankside Lane,	81-83 Garstang Road, Preston PR1 1LD
Bacup OL13 8GTAdvert inside front cover	Tel: 01772 886785 OP PD LDA
Bacup OL13 8GTAdvert inside front coverTel: 01706 878389OP D PD MH	Tel: 01772 886785 OP PD LDA Moorside Hall
Bacup OL13 8GTAdvert inside front coverTel: 01706 878389OP D PD MHLily Wharf Lodge	Tel: 01772 886785 OP PD LDA Moorside Hall Wyresdale Road, Lancaster LA1 3DY
Bacup OL13 8GT Advert inside front cover Tel: 01706 878389 OP D PD MH Lily Wharf Lodge 75 Liverpool Road South, Burscough,	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SI
Bacup OL13 8GT Tel: 01706 878389 OP D PD MH Lily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – Lancaster
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Bacup OL13 8GT Tel: 01706 878389 OP D PD MH Lily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU Tel: 01695 760760 OP D PD YA	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – LancasterAshton Road, Lancaster LA1 5AQ
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Bacup OL13 8GT Tel: 01706 878389 OP D PD MH Lily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU Tel: 01695 760760 OP D PD YA Lodge, The – Dementia Care with Nursing Buckshaw Retirement Village, Oakbridge Drive, Buckshaw Village, Chorley PR7 7EP	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – LancasterAshton Road, Lancaster LA1 5AQTel: 01524 32074Nelson Manor Care Home247 Barkerhouse Road, Nelson BB9 9NL
Bacup OL13 8GT Tel: 01706 878389Advert inside front cover OP D PD MHLily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU Tel: 01695 760760OP D PD YALodge, The – Dementia Care with Nursing Buckshaw Retirement Village, Oakbridge Drive, Buckshaw Village, Chorley PR7 7EPDementia Care with State of the state of th	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – LancasterAshton Road, Lancaster LA1 5AQTel: 01524 32074Nelson Manor Care Home247 Barkerhouse Road, Nelson BB9 9NL
Bacup OL13 8GT Tel: 01706 878389 OP D PD MH Lily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU Tel: 01695 760760 OP D PD YA Lodge, The – Dementia Care with Nursing Buckshaw Retirement Village, Oakbridge Drive, Buckshaw Village, Chorley PR7 7EP Tel: 01772 625000 OP D MH	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – LancasterAshton Road, Lancaster LA1 5AQTel: 01524 32074Nelson Manor Care Home247 Barkerhouse Road, Nelson BB9 9NLTel: 01282 449000OP D PD LDA
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Bacup OL13 8GT Tel: 01706 878389Advert inside front cover OP D PD MHLily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU Tel: 01695 760760OP D PD YALodge, The – Dementia Care with Nursing Buckshaw Retirement Village, Oakbridge Drive, Buckshaw Village, Chorley PR7 7EP Tel: 01772 625000OP D MHLongton Nursing and Residential Home 11 Marsh Lane, Longton, Preston PR4 5ZJ Tel: 01772 616144OP D PD YALytham Court Nursing Care HomeOP D PD YA	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – LancasterAshton Road, Lancaster LA1 5AQTel: 01524 32074OPNelson Manor Care Home247 Barkerhouse Road, Nelson BB9 9NLTel: 01282 449000OP D PD PDNew Thursby Nursing Care Home604 Clifton Drive North,Lytham St Annes FY8 2RNTel: 01253 713355OP YA
Bacup OL13 8GT Tel: 01706 878389Advert inside front cover OP D PD MHLily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU Tel: 01695 760760OP D PD YALodge, The – Dementia Care with Nursing Buckshaw Retirement Village, Oakbridge Drive, Buckshaw Village, Chorley PR7 7EP Tel: 01772 625000OP D MHLongton Nursing and Residential Home 11 Marsh Lane, Longton, Preston PR4 5ZJ Tel: 01772 616144OP D PD YALytham Court Nursing Care Home 2-3 Lowther Terrace,OP D MH	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – LancasterAshton Road, Lancaster LA1 5AQTel: 01524 32074OPNelson Manor Care Home247 Barkerhouse Road, Nelson BB9 9NLTel: 01282 449000OP D PD PDNew Thursby Nursing Care Home604 Clifton Drive North,Lytham St Annes FY8 2RNTel: 01253 713355OP YAOakfield Nursing Home
Bacup OL13 8GT Tel: 01706 878389Advert inside front cover OP D PD MHLily Wharf Lodge 75 Liverpool Road South, Burscough, Ormskirk L40 7SU Tel: 01695 760760OP D PD YALodge, The - Dementia Care with Nursing Buckshaw Retirement Village, Oakbridge Drive, 	Tel: 01772 886785OP PD LDAMoorside HallWyresdale Road, Lancaster LA1 3DYTel: 01524 69901OP D PD MH SINazareth House – LancasterAshton Road, Lancaster LA1 5AQTel: 01524 32074OPNelson Manor Care Home247 Barkerhouse Road, Nelson BB9 9NLTel: 01282 449000OP D PD PDNew Thursby Nursing Care Home604 Clifton Drive North,Lytham St Annes FY8 2RNTel: 01253 713355OP YA

User Bands MH Mental health SI Sensory impairment VA Younger adults AD People who misuse alcohol or drugs

**OP YA** 

<b>Oaklands – Care Home with</b> <b>Nursing Physical Disabilities</b> Dimples Lane, Garstang,		<b>Priory Court Nursing Care Home</b> 51 Clifton Drive, Lytham St Annes FY8 1AL Tel: 01253 739966
Preston PR3 1NA	OP PD YA	Priory Park Care Home
Tel: 01995 602290	UP PU TA	Priory Crescent, Penwortham, Preston PR1
Oaklands Nursing and Residential Hom		Tel: 01772 742248 OP
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Tel: 07961 939867	OP D	1 James Street, Oswaldtwistle, Accrington E
Palace House Care Home		Tel: 01282 770920
460 Padiham Road, Burnley BB12 6TD		Bill La Marca
Tel: 01282 428635	OP D PD SI	<b>Ribble View</b> 39 Church Avenue, Preston PR1 4UD
Pathways (North West) Ltd – 136 Whal	ley Road	Tel: 01709 565700 OP D I
Accrington BB5 1BS		Divington Dark Care Home
Tel: 01254 236411	<b>OP</b> MH YA	<b>Rivington Park Care Home</b> 206 Eaves Lane, Chorley PR6 OET
Pathways (North West) Ltd – Blackburn	n Road	Tel: 01257 269029
175 Blackburn Road, Great Harwood,		
Blackburn BB6 7LU		Rockmount Northwest
Tel: 01254 829216	OP MH YA	1 Blackburn Road, Rishton, Blackburn BB1 4 Tel: 01254 876362 PD LDA
Pathways (North West) Ltd – Oswald H	ouse	Tel: 01234 810302
12 Oswald Street, Oswaldtwistle,		Rossall
Accrington BB5 3JF		Westway, Fleetwood FY7 8JH
Tel: 01254 231275	<b>OP</b> MH YA	Tel: 01253 777467 <b>OP D PD I</b>
Peel Gardens Residential and Nursing H	Home	Rossendale Nursing Home
Off Vivary Way, Colne BB8 9PR		96 Woodlands Road, Ansdell,
Tel: 01282 871243	OP D	Lytham St Annes FY8 1DA
Pendle Gardens		Tel: 01253 737740
54 Carr Hall Road, Barrowford, Nelson B	B9 6PY	Sands Care Home, The
	D LDA MH YA	390 Marine Road East, Morecambe LA4 5A
		Tel: 01524 400300
<b>Pilling Nursing Home</b> Smallwood Hey Road, Pilling, Preston PF		Sandy Banks Care Home
Tel: 01253 790961	OP D PD SI	17 Greenside Gardens, Leyland PR26 7SG
		Tel: 01772 494000
Preston Glades Care Home		
196 Miller Road, Ribbleton, Preston PR2 6NH <b>Advert outsid</b>	a hack covor	Sherwood Court
Tel: 01772 878169	OP D MH	Sherwood Way, Fulwood, Preston PR2 9GA Tel: 01772 394 121 <b>Advert page 42</b>
<b>Preston Private</b> Midgery Lane, Fulwood, Preston PR2 9S	х	<b>Spinney Nursing Home, The</b> 16 College Road, Upholland, Skelmersdale
Tel: 01772 796801	OP D PD	Tel: 01695 632771
Service <b>OP</b> Older people (65+) <b>D</b> Dem	nentia	PD Physical disability LDA Learning disability, autisn
		YA Younger adults AD People who misuse alcoho

<b>Priory Park Care Home</b> Priory Crescent, Penwortham, P Pel: 01772 742248	Preston PR1 OAL <b>OP D MH YA</b>
P <b>rovidence House</b> James Street, Oswaldtwistle, A el: 01282 770920	Accrington BB5 3LJ PD MH YA
t <b>ibble View</b> 9 Church Avenue, Preston PR1 el: 01709 565700	4UD <b>OP D PD MH YA</b>
<b>Livington Park Care Home</b> 06 Eaves Lane, Chorley PR6 Of el: 01257 269029	et Op
<b>Cockmount Northwest</b> Blackburn Road, Rishton, Black el: 01254 876362	kburn BB1 4HD <b>PD LDA MH SI AD</b>
R <b>ossall</b> Vestway, Fleetwood FY7 8JH Tel: 01253 777467	OP D PD MH YA AD
<b>Cossendale Nursing Home</b> 16 Woodlands Road, Ansdell, ytham St Annes FY8 1DA el: 01253 737740	OP D YA
<b>ands Care Home, The</b> 90 Marine Road East, Morecar el: 01524 400300	nbe LA4 5AU OP D

**OP D** MH YA

ulwood, Preston PR2 9GA

**OP D** 21 Advert page 42

Home, The Upholland, Skelmersdale WN8 OPY **OP PD YA** '1

LDA Learning disability, autism **AD** People who misuse alcohol or drugs **User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults

**Springfield Court Nursing Home** 33 Springfield Road, Aughton, Ormskirk L39 6ST Tel: 01695 424344

**Springfield Manor Gardens** Jeanne Jugan Residence, 228 Garstang Road, Fulwood, Preston PR2 9QB Tel: 07789 720636 **OP D PD SI YA** 

Springfield Nursing Home 191 Spendmore Lane, Coppull, Chorley PR7 5BY Tel: 01257 470140 **OP PD** 

**Springhill Care Home** Springhill House, Fairfield Street, Accrington BB5 OLD **OP D PD LDA MH SI YA** Tel: 01254 381719

**St Albans Nursing Home** Clarence Avenue, Knott-end-on-Sea, Poulton-le-Fylde FY6 OAH Tel: 01253 810292

**St Andrews House** 37 Rainhall Road, Barnoldswick BB18 5DG Tel: 01282 816701

**St Georges Nursing Care Home** 2 Marine Drive, Fairhaven, Lytham St Annes FY8 1AU Tel: 01253 730502

**Stanley Grange** Roach Road, Samlesbury, Preston PR5 ORB Tel: 01254 852878 **OP LDA MH YA** 

Stocks Hall Mawdesley Hall Lane, Mawdesley, Ormskirk L40 2QZ Tel: 01704 778178

**OP PD YA** 

OP

**OP D** 

**PD YA** 

**OP PD YA** 

Stocks Hall Nursing Home – Burscough 251 Liverpool Road South, Burscough L40 7RE Tel: 01704 895667

Stocks Hall Nursing Home – Skelmersdale

50c Whitemoss Road, Skelmersdale WN8 8BL Tel: 01695 555234 **OP D PD** 

•	Sutton GrangeGreaves Hall Lane, Banks PR9 8BLTel: 01704 741 198 Advert page 42OP D PD YA
	Swansea Terrace108-114 Watery Lane, Ashton-on-Ribble,Preston PR2 1ATTel: 01772 736689
	Thistle ManorEdisford Road, Clitheroe BB7 3LATel: 01200 422681MH
	Turfcote Care Home with NursingHelmshore Road, Haslingden, Rossendale BB4 4DPTel: 01706 229735OP D PD MH YA
	Victoria Care HomeThursby Road, Burnley BB10 3AUTel: 01282 416475OP
	Walton House Nursing Home 188 Chorley Road, Walton-le-Dale, Preston PR5 4PD Tel: 01772 628514 OP YA
l	Whitelow House Nursing Home429 Marine Road East, Morecambe LA4 6AATel: 01524 411167
l	Willow Lodge            15-16 Moss View, Ormskirk L39 4QA            Tel: 01695 579319         OP D
	Willowbank Nursing Home Pasturegate, Burnley BB11 4DE

Tel: 01282 455426

**OP D MH YA** 



PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia **User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs

# Useful local contacts

### Age UK Lancashire

Experienced and trained information and advice officers. Tel: **0300 303 1234** 

Web: www.ageuk.org.uk/lancashire

Burnley Ageing Well Resource Centre 21 Daneshouse Road BB10 1AT Tel: **01282 413372** Email: **advice@ageuklancs.org.uk** 

**Fylde** 7 St George's Road, Lytham St Annes FY8 2AE

**Knight Hill House Resource Centre** Memorial Park, Blackburn Road, Padiham BB12 8JZ

**Lancaster** 3-2-5 Storey House, White Cross Business Park, South Road LA4 4XQ

**Pendle** Unit 2, Number One Market Street, Nelson BB9 7LJ

Walton Lane Resource Centre Walton Lane Community Centre, Leeds Road, Nelson BB9 8RW

West Lancashire Wellbeing Centre Moorgate, Ormskirk L39 4RY

Alzheimer's Society Web: www.alzheimers.org.uk

Dementia Connect Burnley Suites 203 and 204, First Floor, Pendle Business Centre, Commercial Road, Nelson BB9 9BT Tel: 0333 150 3456 Email: Dementia.Connect@alzheimers.org.uk

**Greater Preston** Unit 1, Albert Edward House, The Pavilions, Ashton-on-Ribble PR2 2YB Tel: **01772 788700** Email: **centrallancashire@alzheimers.org.uk**  North Lancashire Unit 1, Albert Edward House, The Pavilions, Ashton-on-Ribble PR2 2YB Tel: **01253 696854** Email: northlancashire@alzheimers.org.uk

**Blind societies** Support people with vision loss.

Accrington and District Runs a resource room, information centre and social club. 32 Bank Street BB5 1HP Tel: 01254 233332 Web: www.accringtonblindsociety.org.uk

**Blackburn and District** Provides advice and information to people with a visual impairment and their carers. Suite 4 – Unit A, NJK House, Shadsworth Gateway Estate, Haslingden Road (Wilkinson Way) BB1 2EE Tel: **01254 698683** Web: **www.bbsoc.org.uk** 

### Bury Society for Blind and Partially Sighted People

Provides services aimed at enhancing the quality of life for all visually impaired people within the Metropolitan Borough of Bury. Wolstenholme House, 4 Tenterden Street BL9 OEG Tel: **0161 763 7014** Email: **enquiries@buryblindsociety.org** Web: **www.buryblindsociety.org** 

### **Carers Link Lancashire**

54-56 Blackburn Road, Accrington BB5 1LE Tel: **0345 688 7113** Email: **info@carerslinklancashire.co.uk** Web: **www.carerslinklancashire.co.uk** 

### Clinical commissioning groups (CCGs)

Clinical commissioning groups are responsible for commissioning healthcare and wellbeing services for their local population.

#### → NHS East Lancashire CCG

Walshaw House, Regent Street, Nelson BB9 8AS Tel: **01282 644700** Email: **mlcsu.customercarelancashire@nhs.net** Web: **www.eastlancsccg.nhs.uk** 

NHS Morecambe Bay CCG Moor Lane Mills, Moor Lane, Lancaster LA1 1QD Tel: 01524 519369 Email: info@morecambebayccg.nhs.uk Web: www.morecambebayccg.nhs.uk

NHS West Lancashire CCG Hilldale, Wigan Road, Ormskirk L39 2JW Tel: 01695 588000 Email: wlccg.info@nhs.net Web: www.westlancashireccg.nhs.uk

#### **Galloway's Society for the Blind**

Runs four sight advice centres with support groups throughout various towns and villages. Tel: **01772 744148** Email: **enquiries@galloways.org.uk** Web: **www.galloways.org.uk** 

#### Chorley

1 Farrington Street PR7 1DX Tel: **01257 275160** 

Morecambe 12 Victoria Street LA4 4AH Tel: **01524 414846** 

**Preston** Howick House, Howick Park Avenue, Penwortham PR1 OLS Tel: **01772 744148** 

Southport 22 Wright Street PR9 OTL Tel: 01704 534555

#### **Headway Preston and Chorley**

Provides help and support to people with an acquired brain injury and their families. The Heartbeat Centre, Preston North End, Sir Tom Finney Way PR1 6PA Tel: **07557 123493** Email: **services@headwayprestonandchorley.org.uk** Web: **www.headwayprestonandchorley.org.uk** 

#### **Healthwatch Lancashire**

Aims to ensure that the views of the public are taken into account when health and social care services are planned for and provided. Leyland House, Lancashire Business Park, Centurion Way, Leyland PR26 6TY Tel: **01524 239100** Email: **info@healthwatchlancashire.co.uk** Web: **www.healthwatchlancashire.co.uk** 

#### Help Direct – The Safe Trader Scheme

Aim to assist residents of Lancashire to find reputable traders for property repairs, home improvements, gardening services, mobility aids and other services around the home. Web: **www.safetrader.org.uk** 

#### Lancashire Learning Disability Consortium

Bringing together provider organisations and citizens with an interest in services for people with a learning disability. See page 6 for further information about the consortium. Conway House, Ackhurst Business Park, Foxhole Road, Chorley PR7 1NY Email: **admin@lldc.org** Web: **www.lldc.org** 

#### Mencap

Valuing and supporting people with a learning disability in Lancashire. Tel: **0808 808 1111** (Learning Disability Helpline).

**Chorley and District** Newtrees Centre, rear of 52-54 Stump Lane PR6 OAL

**Morecambe and Lancaster** Lansmore Court, Charles Street LA4 5SX

#### Mobile library service

Covering the whole county and fully accessible, mobile libraries carry a selection of books suitable for all ages, including large print, and in some cases talking books as well. Tel: 0300 123 6703 Email: library@lancashire.gov.uk Web: www.lancashire.gov.uk/libraries-andarchives/libraries/mobile-library

#### National Autistic Society, The

Provides a wide range of quality, personalised support services for people on the autism spectrum and their families and carers in Lancashire.

Blackburn with Darwen Tel: 07887 838168 Email: NASBlackburnwithDarwenbranch@nas.org.uk Web: www.nasblackburnwithdarwen.webeden.co.uk

Blackpool Tel: 07500 974309 Email: NASBlackpool.Group@nas.org.uk Web: www.facebook.com/NASBFANDW

Lancaster and Morecambe Email: landm@nas.org.uk

#### **N-Vision**

Local independent charity providing services and support to anyone with reduced vision.

#### Princess Alexandra Home, Bosworth Place, Squires Gate, Blackpool FY4 1SH Tel: **01253 362692** Email: **info@nvision-nw.co.uk** Web: **www.nvision-nw.co.uk**

#### **Shared Lives Schemes**

Inviting adults with learning disabilities, physical disabilities, older people and/or mental health needs to live within the homes of carers and their families.

Blackburn with Darwen Tel: 01254 587547 Email: clo@blackburn.gov.uk

Blackpool Tel: 01253 477817 Email: sharedlives@blackpool.gov.uk

Lancashire Tel: 01772 531326 Email: sharedlives@lancashire.gov.uk

# Useful national contacts

#### Action on Elder Abuse (Hourglass)

Works to protect, and prevent the abuse of, vulnerable older adults. Helpline: **0808 808 8141** Web: **www.wearehourglass.org** 

#### Age UK

Tel: **0800 055 6112** Web: **www.ageuk.org.uk** 

#### **Al-Anon Family Groups**

Worried about someone's drinking? Help and hope for families and friends of alcoholics. Helpline: **0800 008 6811** (10.00am to 10.00pm). Email: **helpline@al-anonuk.org.uk** Web: **www.al-anonuk.org.uk** 

#### **Alzheimer's Society**

Dementia Connect support line: **0333 150 3456** Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm. Web: **www.alzheimers.org.uk** 

#### **Association of Charitable Organisations**

A national umbrella body for benevolent charities. Tel: **0207 255 4480** Email: **info@aco.uk.net** Web: **www.aco.uk.net** 

#### British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability. Tel: **0121 415 6960** Email: **enquiries@bild.org.uk** Web: **www.bild.org.uk** 

#### **Care Choices**

Free, independent assistance with finding care providers. Searchable website. Web: **www.carechoices.co.uk** 

#### **Care Quality Commission**

Independent regulator of care services in England. Tel: 03000 616161 Email: enquiries@cqc.org.uk Web: www.cqc.org.uk →

#### → Carers Trust

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, older, disabled or has mental health or addiction issues. Tel: **0300 772 9600** • Email: **info@carers.org** 

Web: www.carers.org

#### **Carers UK**

The voice of carers. Tel: **0808 808 7777** • Email: advice@carersuk.org Web: www.carersuk.org

#### **Citizens Advice**

Practical, reliable, up-to-date information on a wide range of topics. • Tel: **0800 144 8848** Web: **www.citizensadvice.org.uk** 

#### **Dementia Adventure**

Provides supported holidays for people with dementia as an alternative to traditional respite where partners, family, friends or carers can enjoy an outdoor break together. Holidays are usually five days long, can be bespoke, are subsidised and are available to anyone across the UK. Tel: **01245 237548** 

Email: info@dementiaadventure.co.uk

Web: www.dementiaadventure.co.uk

#### **Elderly Accommodation Counsel**

Helps older people make informed choices about meeting their housing and care needs. Web: **www.housingcare.org** 

#### Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: 0207 730 8263 • Email: enquiries@fote.org.uk Web: www.fote.org.uk

#### **Independent Age**

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: 0800 319 6789 Email: advice@independentage.org

Web: www.independentage.org

#### My Family, Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: www.myfamilyourneeds.co.uk

#### **Multiple Sclerosis Society**

Support and advice for those diagnosed with the condition, as well as professionals and carers. Tel: **0808 800 8000** Email: **helpline@mssociety.org.uk** Web: **www.mssociety.org.uk** 

# National Association for Providers of Activities for Older People (NAPA)

Promotes the importance of activities for older persons. Tel: **0207 078 9375** Email: **info@napa-activities.co.uk** Web: **www.napa-activities.co.uk** 

## National Association of Funeral Directors

Web: www.nafd.org.uk

#### National Society of Allied and Independent Funeral Directors Web: www.saif.org.uk

#### NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' on **18001 111**.

#### **Registered Nursing Home Association (RNHA)**

Campaigns for high standards in nursing home care. Tel: **0121 451 1088** Email: **info@rnha.co.uk** Web: **www.rnha.co.uk** 

#### Relatives and Residents Association, The

Exists for older people needing, or living in, residential care and the families and friends left behind. Tel: **0207 359 8136** Email: **info@relres.org** Web: **www.relres.org** 

#### SANE

SANE provides advice on mental health issues. Tel: **07984 967708** (leave a message with your name and contact number).

Email: support@sane.org.uk Web: www.sane.org.uk

#### Silver Line, The

A 24-hour telephone befriending and advice line. Tel: **0800 470 8090** Web: **www.thesilverline.org.uk** 

#### United Kingdom Home Care Association (UKHCA)

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: 0208 661 8188 • Email: helpline@ukhca.co.uk Web: www.ukhca.co.uk

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#### Veterans' Gateway

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: **0808 802 1212** Web: **www.veteransgateway.org.uk** 



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Very helpful staff. Cannot do enough for residents and family. They are always smiling!"

During the Covid-19 pandemic, our caring teams have worked tirelessly to ensure our residents remain safe and happy, whilst finding new ways for them to stay connected with their loved ones.

Lesley, the daughter of a resident at Shawcross Care Home in Wigan said, "The staff are all fantastic and treat Mum with the respect she deserves. Some of them even know Mum better than me, which is great."



From vibrant Harvest Festival celebrations to arts, crafts and exercise classes, our creative teams have helped keep spirits up and ensure residents are never without something to do.

Resident's wife Angela, commended the team at St Catherines saying, My husband has been in St Catherine's for about 18 months. I am really happy with his care and the staff are great. I have no hesitation in recommending the home to anyone." During this time, our homes have explored the use of technology to help residents feel more connected to their families. As well as the usual phone and video calls,



we have set up dedicated private Facebook groups for families to share photos and messages.

Residents' daughter, Wendy said of Preston Glades, "Video calls were arranged by one of the carers and during these calls the level of care provided was obvious. Mum was calm and settled and I was reassured that we had made the right choice for her."

Our caring teams are always ready to welcome new residents into our homes. We care for individuals with a variety of care needs including: Nursing, Dementia Nursing and Respite Care.



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# Our care homes in Lancashire:

Preston Glades in Preston **01772 878169** St Catherines in Bolton **01204 827969** Euxton Park in Chorley **01257 581949** Springfield in Blackburn **01254 868109** Shawcross in Wigan **01942 447309** 

